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August | September 2018

**Autumn's Approach Signals the Time
for the Popular Mallorytown Village Fair**

Summer Memories: Rusty, Dave & Duke and Me!

**Iroquois Point, Home to Lock #7
of the St. Lawrence Seaway**

**Back to School: A Roadmap for Parents &
Students for a Successful School Year!**

Great Music and Great Times with Wayne Huff



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Cover Photo by
Lorraine Payette

Living Here

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Uncle Buck's Quick & Easy Chicken Pot Pie

Prep Time - 20 minutes ~ Cook Time - 45 minutes
Total Time - 1 hours 5 minutes

What you'll need...

- 2 chicken breasts, boiled (or use pre-cooked rotisserie chicken)
- ½ onion, diced
- Salt and pepper to taste
- ¼ cup thinly chopped carrots (fresh or frozen)
- ¼ cup peas (fresh or frozen)
- ½ cup chicken broth (use the water used to boil the chicken)
- ½ tsp. chicken bouillon
- 1 can cream of chicken soup
- ½ cup milk
- ¾ cup Bisquick or a pancake mix
- ¼ cup butter or margarine, melted (optional)

To Create:

- ➔ Boil chicken breast with ½ an onion that has been diced, add salt and pepper for added flavoring.
- ➔ When fully cooked, remove from water and chop or pull chicken into pieces.
- ➔ Put in bottom of a square baking dish that has been sprayed with cooking spray.
- ➔ Sprinkle veggies over chicken. Add more veggies than called for if desired.
- ➔ Pour ½ cup broth, used to boil the chicken, into a bowl and stir in ½ tsp. chicken bouillon.
- ➔ Add cream of chicken soup to broth and whisk until combined.
- ➔ Pour soup mixture over veggies.
- ➔ Stir together ½ cup milk and ¾ cup pancake mix.
- ➔ Pour over top of casserole mixture.
- ➔ Melt ¼ cup of butter or margarine and pour over top pancake mix.
- ➔ Bake at 350° for 45-50min. or until top is golden brown.

Pumpkin Bread with Chocolate Chips & Pecans

Yield - 2 loaves ~ Prep - 20 minutes ~ Cook time - 1 hour
Total time - 1 hour 20 minutes

What you'll need...

- 1 (28-ounce) can pumpkin
- 1 ½ tsp. baking soda
- 1 ½ tsp. ground cloves
- 1 ½ tsp. ground cinnamon
- ½ tsp. ground nutmeg
- 1 tsp. ground ginger
- 1 tsp. salt
- 2 cups vegetable oil
- 5 eggs
- 3 ½ cups light brown sugar
- 4 ½ cups all purpose flour
- 3 cups semisweet chocolate chips
- 1 ½ cups chopped pecans
- 2 loaf pans

To Create....

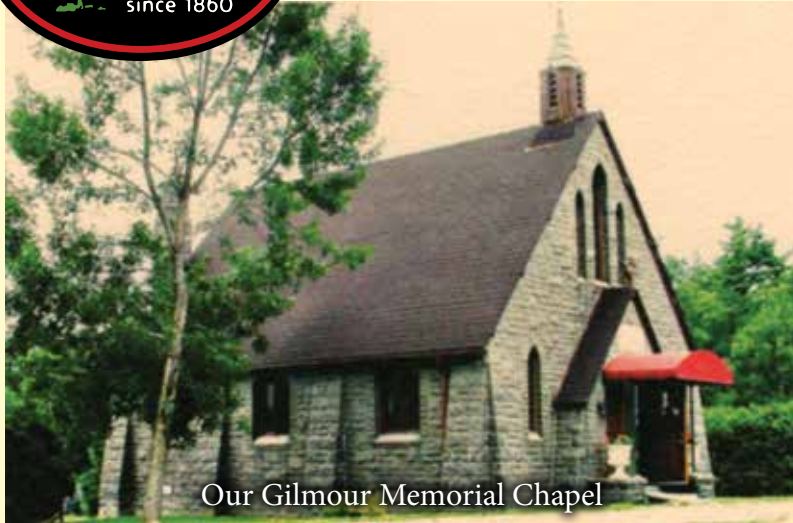
- ➔ Preheat oven to 350°. Grease and flour two 9x5" loaf pans.
- ➔ In a large bowl, whisk together the pumpkin, baking soda, cloves, cinnamon, nutmeg, ginger, and salt.
- ➔ Add the oil, eggs, and sugar. Whisk until it is thoroughly combined and there are no streaks of egg or clumps of brown sugar.
- ➔ Add the flour, chocolate chips, and pecans, and use a rubber spatula to gently fold and stir it together until completely combined.
- ➔ Divide the batter between 2 loaf pans and bake until a knife or skewer inserted into the center comes out with just moist crumbs attached (about 1 hr. to 1 hr. 15 min.)
- ➔ Allow loaves to cool for 15 min. then remove the loaves from the pans and fully cool on wire rack.

The loaves can be wrapped tightly in plastic wrap and stored at room temperature for up to 1 week, or frozen for up to 2 months. If you freeze them, add a layer of foil or place in a ziploc freezer bag.



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Above: Vintage shoe making is one of the displays at the Mallorytown Village Fair.



Middle: Four year old William Zufelt tries out the fish pond while volunteer Barbara Golding looks on at the 2017 Mallorytown Village Fair.



Far Right: Janice Penny demonstrates how to spin wool into yarn.

AUTUMN'S APPROACH

Signals the Time for the Popular Mallorytown Village Fair

By Sally Smid

The approach of autumn is a favourite time of year, as we anticipate cooler days, the appearance of fall foliage, harvesting apples, pumpkins, etc., and of course, the preparations for the return to school. Then there are the thoughts of the comfort and coziness of pulling on a sweater and sitting by the fire with some apple cider.

For many in this area the approach of fall also signals the time for the very popular Mallorytown Village Fair and Artisan Show. The Fair takes place on the beautiful grounds of Tony Kall Park at the Mallorytown Coach House, Heritage Gardens and Mallorytown Community Centre. Recently the new tourism kiosk and washroom area have added to events which take place on the grounds. The community Fair is in its 9th year. This year it is being held on **Saturday, August 25th.**

The Mallorytown Fair is quite unique, in that, it originally sought to be reminiscent of an "old English fair". That atmosphere is evident in many ways. It also truly honours local heritage through vintage crafts, skills and demonstrations like tatting, spinning, canning, shoe making, wood carving and

more, along with a variety of community displays which make a total of about 40 exhibitors in all. It is remarkable to realize the number of artisans in the area. It is a great time to encourage and celebrate local crafters and vendors.

The Coach House Cafe is always popular and offers a BBQ lunch, drinks and snacks all day. There is an opportunity to connect with more local history in the Mallorytown Coach House, which includes a fascinating new display room featuring the Mallorytown Glass Works, the first of its kind in Canada.

The Fair is a real family event and kids have a chance to enjoy activities including; a ring and bean bag throw, a fish pond, face painting, a magic show and a petting zoo, which usually includes pony rides. There is even a story teller and professional illustrator available to draw portraits. Young and old are always thrilled by the giant soap bubbles created each year by "Mr. Bubbles". Visitors can also board a horse drawn wagon and take a short tour. A favourite for many is the used book sale which helps support the local library. *Antique Wheels in Motion* will also be on site this year. All the while

music from *County Rd 5 Bluegrass Band* and *The Silvertones* will drift through the park, adding to the festive atmosphere. Like many country fairs, there are old fashioned competitions displayed in the Community Centre, which include; baking, preserves, vegetables and crafts with prizes being awarded.

Of course, it is also a time for community members to connect with old friends and make new ones. **Admission is free**, but donations are gratefully accepted for the Food Bank and other local charities. The event is organized by the Fair Board, a non-profit organization. The fair is funded by generous donations made by local sponsors. Over 100 volunteers are involved in making the fair such a success each year. In 2017 about 700 people came through the gates to participate in this outstanding community event. **LH**

For more information contact:
Barbara Morrison 613-923-5140 and
bmorrison@gmail.com or Sandra Wells
613-923-5713 swells@ripnet.com



Above: Dave Van Horne - Montreal Expos play by play announcer and current broadcaster for Miami Marlins (2000 picture taken at Olympic Stadium Montreal)

Van Horne is the 2011 recipient of the Ford C. Frick Award from the National Baseball Hall of Fame.

Left: 3 Baseball Hall of Famers: (left to right) #8 Gary Carter, #30 Tim Lincecum, and #10 Andre Dawson are the only 3 Expos elected to Baseball's Hall of Fame.

SUMMER MEMORIES: Rusty, Dave & Duke and Me!

By Jonathan Vickers

On March 29th of this year, a part of my childhood died as "Le Grand Orange" Rusty Staub passed away in West Palm Beach Florida at the age of 73. If you're a baseball fan, and especially a Montreal Expo's fan, you will know who this special baseball icon was.

In 1969, I was just 5 years old in Montreal and the city was about to fall in love with a team that hadn't seen professional baseball since the Montreal Royals left in 1960. The Expos that year needed an identity as they were on their way in their inaugural season to lose 110 games (52-110) but there was one player the city fell in love with - Rusty Staub. The Houston Astros traded Rusty to the Montreal Expos before the start of their inaugural season in 1969 and after some initial controversy with the deal and the commissioner involved the deal went through and Montreal had its first superstar player.

He wore #10 for the Expos and embraced coming to the city and tried even learning French though ('Rusty') at first, he did commercials and got involved with charities and sports dinners until his time with

Expos ended in 1972. He probably was the most iconic athlete in the city next to the now late 'Jean Beliveau' of the Montreal Canadiens of his time.

Rusty came back to the city in a trade in 1979 from the Detroit Tigers and was trying to help the Expos in their first ever post season run that fell short. The night he made his return in a plate appearance pinch hitting his reception was thunderous at Olympic Stadium in Montreal, as over 58,000 fans cheered on and on for over 5 minutes. It was an emotional home coming. He wore # 6 as Andre Dawson now wore # 10. He never forgot Montreal and visited many times after his career. Still today there are some adults that have bank accounts with The Bank of Montreal as the Expos had a marketing tool in 1969 and early 70's as "The Little Expos Club" and Rusty was the spokesperson.

I write this as I reflect upon how my summers growing up in Montreal and then in Alexandria, Ontario truly revolved around the Montreal Expos. How I loved baseball and the nuances and slowness of the game back then. Listening to the games

on CFCF Radio 600 (then later on CJAD 800) in Montreal with Dave Van Horne and Duke Snider. ("Dave & Duke") were probably the second-best baseball broadcasting tandem in the business. (Vin Scully of The Los Angeles Dodgers was the best). How I loved listening as a kid, at night around 10 or 11pm, when the Expos were on a west coast road trip to Los Angeles and the initial introduction every time by Dave Van Horne, "Thanks Duke, and hi again everybody, glad to have you aboard for tonight's game!", or when an Expo's player hit a home run it was "UP, UP AND AWAY, A HOME RUN FOR... (Gary Carter, Andre Dawson, Larry Walker, Tim Wallach, etc.), it was always goose bumping moments for me.

Summer days or nights listening to the Expos were a big part of my summer memories, as listening to the radio you had to use your imagination and listen to the description of the game. When the game was on TV on CBC, (imagine in the 1970's and 1980's there were only 2 Canadian sports broadcasting stations, CTV or CBC, the Blue Jays were on CTV) Dave and Duke would move over to broadcast on TV, it was great to listen and watch.



Duke Snider (left) and Dave Van Horne (Right) circa 1980's broadcasting CBC Sports Expos Baseball



Rust Staub #10 "Le Grande Orange" circa 1969 Expos photo

Dave and Duke were special, and in the mornings before the games, Duke Snider had a 10-minute radio show on CJAD 800 and had a following of over 100,000 listeners in Montreal, which at the time was incredible, if you think about it in today's radio terms. Duke broadcasted from 1972-1986 for the Expos and passed away in 2011. Dave Van Horne started with the Expos in 1969 and in 2000, as the Expos had not secured an English radio or television contract, Van Horne broadcasted the season over the Internet. With the Expos broadcast situation still unsettled for the 2001 season, Van Horne left at the end of the 2000 season to broadcast for the Florida Marlins. Coincidentally enough, Van Horne broadcast the last Expos home game in Montreal from the Marlins' broadcast booth on September 29, 2004, a 9-1 win for Florida. After the game was over, Van Horne joined the Expos television crew for a special post-game show.

Dave's most prominent baseball call for the Expos was his: "El Presidente, El Perfecto!", made when Montreal Expos pitcher Dennis Martínez completed his perfect game against the Los Angeles Dodgers on July 28, 1991.

It is especially irritating to me that Dave got to broadcast for the Florida Marlins the 2003 World Series win for them (he really should have done one for the Expos). I truly miss listening to him and miss Duke too, as they were a big part of my childhood and teenage years.

In 1992, I was 27 years old. I followed the Expos on a Baseball trip that took me to Wrigley Field in Chicago. I saw the Cubs and Expos in a night game, then also enjoyed a Hall of Fame Cubs day and sang along with legendary broadcaster 'Harry Caray' during the 7th inning stretch. I moved on to Boston and saw the Red Sox and Yankees at Fenway Park in Boston and then caught up with the Expos in Pittsburg. I saw 4 games at the old

Three Rivers Stadium. 10 Games in 11 days, a true baseball summer dream for me.

Many great players passed through Montreal during the Expos years: Pedro Martinez, Ronell White, Cliff Floyd, Chris Spier, Steve Rogers, Tony Perez, Moises Alou, Tim Raines, Warren Cromartie, Vladimir Guerrero, Pete Rose, Larry Parrish, Bill Stoneman, Charlie Lea, Dennis Martinez, Bill Lee, Andrés Galarraga, and my favourite player # 29 Tim Wallach, plus many more I could mention.

Great managers like Felipe Alou, Buck Rodgers, Dick Williams, Gene Mauch and a great owner in Charles Bronfman.

The Expos gave us some great summers back in the late 70's and early 80's and the apex came in 1981 when the team made the post-season in a strike filled season by the Major league players. The Expos faced the Phillies in the National League Division Series and won and the series 3-2 and moved on to play the Los Angeles Dodgers for Championship series. On October 19, 1981: Blue Monday as referred eternally by Expos fans, in the decisive Game 5 of their only National League Championship Series, the Expos were defeated at home, 2-1, by the Los Angeles Dodgers won a home run by Dodger Rick Monday off Steve Rogers of the Expos and the franchise never truly recovered from this.

Management decided in the mid 1980's to trade Gary Carter (even more popular to some Expo fans than Rusty Staub) and the team started to decline. In 1989 the Expos made a big trade for a pitcher by the name of Mark Langston but had a late August and September collapse again sealed the teams fate and the owner Charles Bronfman decided to sell the team. What followed was a true demise of the franchise under Claude Brochu and an ownership group that refused to invest in the team and many great players left in 1994 when the Expos had the best record in baseball at 74-40 on August 12, 1994 when a baseball

strike ruined the season. The team never recovered and in 2000, a new owner Jeff Loria took control in an ultimate move with Major League baseball, to move and relocate the team. For the next 4 years it was "will they or won't they stay" and in 2003 the Expos made one last run for glory under GM Omar Minya, who somehow with no payroll on August 29, the team was tied with four other clubs for the National League Wild Card spot. However, when MLB's rosters expanded on September 1, Commissioner Bud Selig announced that the Expos would not be recalling any additional players from the minor leagues: the other owners had decided against spending a few extra thousand dollars, a small fraction of the team's \$35 million payroll, to bolster the team and the team faded badly and finished 18 games out of first and 8 back of a wild card spot and the dye was cast for the final season in 2004. I remember listening to a game on radio in Montreal and over 40,000 attended in late August for that playoff run but again it was hopeless.

In 2004 the Expos finished a sad final season on Sept 29th with a 67-95 record with a number of games being played in Puerto Rico as home games (21), truly embarrassing for a proud franchise of 36 years.

Today, I don't follow baseball as much, I did try to follow the Blue Jays in their amazing run 2015 & 2016 and it rekindled summer memories of baseball but alas, it doesn't replace my beloved Expos.

I miss you Rusty, Dave and Duke, "I was happy to have you aboard in my childhood."

Thanks. LH



10 FUN THINGS TO DO

For an End of Summer Road Trip

By Jonathan Vickers

Here are some things for individuals, couples and families to do, in and around the area for **FREE**, or with ticket charges for some great events for an end of summer road trip.



10 Saturday, August 18th • 9am-5pm Downtown Brockville Street Festival

Visit downtown Brockville for the ultimate day of fun and shopping! Fun for the entire family with bouncy castles, inflatable games, magic and face painting! Our stores will be taking their merchandise to the street, with everything from clothes to housewares, at a discounted end of summer rate!



9 Friday, August 24th • 5:30pm-7:30pm Whisky Tasting and Pairing at Fort Wellington

Whisky tasting events return to Fort Wellington by popular demand! Parks Canada presents Whisky Tasting and pairing at Fort Wellington (370 VanKougnet Street, Prescott, On.) this summer. Let a whisky connoisseur guide your senses through whisky tasting and food pairing.

Learn about whisky making and explore sampling in a historic setting. **Age of Majority \$64.95** p.p. In this session you will learn about Premium Single Scotch Whiskies and some of the wonderful food pairings that complement the pallet.

Contact 613-925-2896
Or Email: ont-wellington@pc.gc.ca
Website: <http://www.pc.gc.ca/eng/lhn-nhs/on/wellington/index.aspx> for details.



8 Friday & Saturday, August 3rd to September 1st • 7:30pm-9:30pm Waterfront Concerts

Enjoy Free Waterfront Concerts on Friday and Saturday Nights at the Amphitheatre at Joel Stone Park in Gananoque. Great Music the whole family can enjoy and its **FREE!** Bring lawn chairs and make a picnic out of it.



7 Open 10am-4pm daily Visit Mallorytown Landing

Barbecues are available for picnickers and communal picnic tables can accommodate large groups. Picnic facilities can be reserved free of charge. Children ages 6 to 11 can become Official Parks Canada Xplorers by participating in fun activities at the visitor centre. Learn about what the Thousand Islands means from a First Nations perspective in Voices of Akwesasne, a series of video vignettes playing at the visitor centre. Butterfly gardens and bird boxes attract wildlife. Borrow a guide book from the visitor centre and try to identify what you see.

A 40-metre mural by artist Jan Swaren celebrates Mallorytown Landing visitors.



Jan Swaren artwork



Alanna Baird & one of her sculptures

Osprey sculptures made of recycled material by artist Alanna Baird soar overhead.

Boats and kayaks can launch at the beach and dock at Mallorytown Landing.

Escape the daily grind on 2-km of hiking trails with easy and moderate loops through a red pine plantation and rocky mixed forest.

1121 Thousand Islands Parkway,
Mallorytown, On. KOE 1R0

Phone: (613) 923-5261



6 Thursday, August 30th to Sunday, September 2nd The Red Hot & Blue Rockabilly Weekend

in Brockville is 4 days of non-stop music. There will be 8 top disc-jockeys - 21 bands from all around the world - Retro inspired fashion show - Free jive dance classes - Saturday night Jive Contest - A Tiki Party! - A Car Meet Up & Vintage Market - Sunday afternoon boat cruise with live bands - Sunday night BBQ dinner & wrap-up party. Don't miss Canada's biggest Rockabilly event! **FREE** Saturday and Sunday activities @ Armagh Sifton Price Park.

Visit www.rhbweekend.ca for tickets and event details.



5 Saturday, August 18th 38th Annual Athens Cornfest Festival

Saturday, August 18th marks the 38th Annual Athens Cornfest Festival in Athens, On. Festivities are scheduled from **9am-5pm with FREE ADMISSION**. Main St. in Athens On. will come alive with Live music, Fresh Corn, **FREE** activities for the kids, great country food and vendors. Come out and enjoy the Cornfest Festival during the day, then the dance later in the evening with entertainment. Check out their Facebook page for events and times @athenscornfest



4 Saturday, September 15th • 10am-4:30pm Turkey Fair Lyndhurst

Hey everyone! We're gearing up for this year's fabulous Lyndhurst Turkey Fair! We will have lots of your old favourites, like Little Ray's Reptiles and the Jonas St. Music Festival, along with the always fun children's area, great food and tons of entertainment. Keep an eye out for some new things too! Did you know it's the 25th anniversary of the modern-day Turkey Fair? Come be part of the celebrations! Vendor spots are filling quickly so if you'd like a spot, please contact us soon. Hope to see you there!

www.turkeyfair.com for details and events.
FREE ADMISSION Main St., Lyndhurst, On.



3 Every Friday until Labour Day The Windmill Brewery King's Lock Distillery

Check out The Windmill Brewery in Johnstown, On. (5 Newport Dr.) Every Friday night this summer, until Labour Day, there will be music and entertainment. Sample some great craft beer and also schedule a tour of the brewery. **Age of majority.**



In the same location is King Lock's Distillery (5 Newport Dr unit #1) where its' signature spirit, 1000 Islands Moonshine received a silver medal in San Francisco World Spirit Competition. 1000 Islands Moonshine took Silver in the Canadian Artisan Spirit Competition 2018 and Bronze in 2017 International Spirit Challenge in England. In addition, Canada's Whiskyjack Rye, an aged 100% all natural, organic rye spirit was awarded a bronze medal. To sample or purchase, must be age of majority.

Also, visit the Newport BBQ and Bakery on site for baked goods, desserts and Beer sauce brisket sandwich, or pulled pork sandwich, which is a house specialty.



2 Shop Local

Go on a local shopping trip to some of our smaller communities and see what they have to offer. Taste great food or craft beer, great gift shops that stock unique

items. Visit a farmer's market and purchase local fresh produce. Tour a local museum in that town and learn about its local history. Picnic at a local park or maybe nearby on The St. Lawrence River. Take a hike if a hiking trail is nearby or take your bicycle along for a bike ride along the St. Lawrence Parkway. The possibilities are endless with a little pre-planning and good weather.



1 Brockville Railway Tunnel

Canada's First Railway Tunnel is a must-see for families visiting Brockville. The tunnel was completed in 1860 and was recently re-opened in August of 2017. The walk through the accessible tunnel is 1.5km each way and is a great free activity for the family to discover. **FREE ADMISSION.**

For details:

www.brockvillera railwaytunnel.com

For Individuals, couples, or families these are some amazing fun events and activities in our area communities to finish off a great summer.

So get out, have an adventure and enjoy an experience and remember most of all, **SHOP LOCAL!!!**

BONUS EVENT FOR THE FAMILY

Saturday, August 25th American Graffiti Part 4 Classic Car Show

MAIN STREET SEELEY'S BAY ~Help Raise funds for McKenna's Dream & Sheba's Haven: LIVE ENTERTAINMENT BY EDDIE AND THE STINGRAYS!

- EVENT STARTS @10AM and has different judging categories
- BBQ Provided by Perry's Place 11am to 2pm
- Indoor/Outdoor Vendors & Crafters Market
- CHICKEN BBQ DINNER Starts @ 2pm by Steve Halliday.
- \$2 from every dinner sold goes to charity
- Silent Auction and 50/50 Charity Draw

For details go to

www.facebook.com/events/704773123058420/
Or call 613-387-3003 for further information.

LH



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The Iroquois dam spans 603 metres across the St. Lawrence controlling water flow with 32 sluiceway gates.

Image credit: Robert Erickson

IROQUOIS POINT, Home to Lock #7 of the St. Lawrence Seaway

By Lisa Crandall

The shortest of the locks along the St. Lawrence Seaway is situated at Iroquois Point, near the village of Iroquois. At just 0.3 kilometres long, the primary function of this lock is to carry cargo vessels around the adjacent dam spanning the width of the river between Rockway Point on the American side and Iroquois Point.

Rivers, large and small, were the original method of long distance travel long before Canada became a settled nation, or international commerce became the daily routine. The St. Lawrence River was and continues to be, the backbone of a liquid highway, sometimes referred to as HwyH2O. This lengthy waterway starts at the Atlantic Ocean, east of Montreal and opens the way to the interior of Canada by way of the Great Lakes. From Montreal Harbour to Thunder Bay, one of the most westerly ports on Lake Superior, is 1,222 nautical miles. Travel time is 119 sailing hours with 17 hours spent in locks that raise a ship a height of 600 feet, the equivalent of a 60-storey building, as it travels inland.

To give you an idea of how long boats can be traveling between destinations, traveling from Montreal Harbour to Toronto takes 34 sailing hours with 5 hours spent in locks. A distance of 348 nautical miles.

Originally riddled with rapids and sections too shallow for modern cargo vessels, in the 1950's, the 306 kilometre stretch of the St. Lawrence River, between Montreal and Lake Ontario, was significantly altered with an eye to making it more amenable to ocean going cargo vessels. Officially opened in 1959 by Queen Elizabeth II and American President Dwight D. Eisenhower, it is acknowledged as being one of the most complicated engineering projects in history. It was a massive endeavour requiring Canadian and American cooperation and benefiting ports on both sides of the border. It involved the creation of and improvements to 7 locks and 3 dams (1 dam for producing hydroelectric power and the other 2 dams to help control the flow of water) all as one huge undertaking. At one point, there were 4 cofferdams (temporary dams) in place that reduced and redirected the flow of the river entirely to allow for construction. The project also involved the relocation of several small towns and the subsequent flooding of many farmsteads and homes that dated back to the founding of Canada. For details of this piece of Canadian history visit the Lost Villages Website at www.ghosttownpix.com/lostvillages Iroquois is one of those villages that was entirely relocated.

According to government statistics, transporting goods via water is the most-

eco-friendly way to move cargo. One ship carrying 30,000 tonnes of grain is the equivalent of 300 railway cars or 1,150 semi-trailer loads. This results in 7.5 times LESS greenhouse gas emissions per unit of cargo moved by road. A ship can move one ton of freight 800 kilometres using only 4 litres of fuel, removing the equivalent of 870 trucks from the roads.

In 2017 the Montreal/Lake Ontario section of the Seaway established a new record, remaining open from March 20 to January 11, a total of 298 days.

The ships using the seaway fall into three different categories - "Canadian Lakers" - Canadian domestic carriers operating between Canadian ports on the system, "U.S. Lakers" - domestic carriers transporting cargo between ports on the American side of the system, and "Salties" - ocean-going vessels which operate between the Canadian and American ports as well as to overseas destinations.



Image Credit: Lisa Crandall

The Iroquois Lock was created by severing Point Iroquois from the mainland.

The locks at Iroquois Point consist of a narrow channel of water with gates at both ends that allow large ships to bypass the Iroquois Dam, whose purpose is to help control the flow of water between Lake Ontario and Montreal Harbour. The Iroquois

Locks can handle boats that are 225.6 metres long (740 feet) and 23.8 metres wide (78 feet). Many locks function as a way to lift (or lower) boats significant heights, although in Iroquois it is a difference of only six feet. Smaller private boats often avoid the locks by slipping through the open gates of the dam. The gates are very seldom all down, as that would impede the natural flow of the water as it streams eastward to the Moses-Sanders Power Dam at Cornwall, 40 kilometres (25 miles) downstream. In recent years the gates have also been instrumental in easing seasonal flooding as far downstream as Montreal.

Transit time at this lock is often a matter of minutes. That combined with easy parking, a convenient snack bar, the “Lockview Ice Cream Parlour and Gift Shop”, where you can enjoy an ice cream cone, (soft or hard) grab a coffee or have a cold drink, makes the lock a popular place for visitors and locals on a sunny summer afternoon. Adjacent to the lock is Iroquois Point Park; a large green space with convenient picnic tables that the local community uses for large events, such as Canada Day celebrations, Golden Gears Classic Car Rallies, and the Galop Canal Bluegrass Festival.

Since 2010, the locks have also been home to a family of Osprey. Their nest is located atop a 10 metre pole at the west end of the locks. During the spring and early summer, a nearby observation point is often occupied by enthusiastic birders and their cameras, hoping to catch a glimpse of the young birds or their parents.

The nearby village of Iroquois is one of these that was relocated to accommodate the reshaping of the St. Lawrence River and the subsequent flooding that created the seaway and Lake St. Lawrence in the late 1950's. Despite that upheaval, there are still a few historic sites to be found, including a historical home and museum known as Carman House and The Iroquois Point Cemetery (established in 1797). There is a local marina for boat travellers, who wish to pause and explore the area, as well as a small local air strip, for those who prefer to travel by air, rather than river or road.

If you are looking to do some ship watching this summer there is an interactive map online that indicates where the ships are along the seaway route, giving you time to get to the Locks for a close-up view as they pass by.

➔ To view this map, go to www.greatlakes-seaway.com/en/navigating/map

LH



Image Credit: Lisa Crandall

Nesting atop a 10 metre tower near the edge of the lock gives a local family of Osprey a front row seat to passing ships.



Image Credit: Robert Erickson

Steel gates control the water as ships pass through the lock.



Image Credit: Lisa Crandall



Left: Farmers once brought their milk to weighing stations at local cheese factories.

Right: Cans of milk were transported by horse and wagon during the early days of cheese making in the area.

REMARKABLE CHANGES IN AREA FARMING AND CHEESE MAKING

By Sally Smid

With Autumn soon in the air, thoughts often turn to harvest season on the farm. Local agriculture and its related industries have experienced remarkable changes, especially when we consider the days of horse and plow and now realize that farmers often drive air-conditioned tractors equipped with GPS. Local dairy farming has been important from the time that many Loyalist settlers came here from Vermont, which had a similar climate and geography, very suitable for dairy farming. A major dairy product of course is cheese and Vermont produces excellent cheeses. It is no wonder that cheese production became important in the Leeds area as well.

The art of cheese making was passed down from father to son and it was first produced in 1860 on local farms like that of Athens' Phillip Wing, one of the earliest cheese makers. The cheese industry soon took place more formally in factories. In the early years, the very perishable milk was taken to local factories by horse and wagon and could not be transported long distances. This created the need for so many local factories. For some period, cheese was shipped on the early B&W railway. Early refrigeration involved blocks of ice cut from area lakes. There was also a need for the production of cheese boxes for storage and there were a number of wood turning mills for this purpose.

While there was a process for measuring milk quality, a good cheese maker, like award

winning cheese maker Roy Greenhorn on Oak Leaf Road, would be able to distinguish unsuitable milk with a simple sniff. There were routine cheese factory inspections in each plant and operators strove to maintain good quality cheese. The factories were, it seems, quite combustible, as they were soaked in butter fat and a spark from a chimney often led to a blazing disaster.

"In the early years most cheese factories were privately owned," explained Marten Vanderkloet, local farmer and member of the Plum Hollow Cheese Factory management board. As factories closed, some of the farmers joined together to buy them and form co-ops, so they could continue to haul their own milk for processing. The local factories were a great place for social networking. "It was often a competition to see who could be first in line to unload their milk and also to share news in the community," he recalled. "Much of the success of these farmer co-ops was based on the dedication of the individual board of directors who gave countless hours for meetings and often did maintenance at the factories."

In 1965, The Ontario Milk Marketing Board was formed and plant supply quotas were set. In the winter milk production declined and there was less milk for cheese factories. Large companies bought most of the quotas, resulting in the closure of small factories and dairies. Small farmer co-ops were not able to compete.



There is currently an exhibit of cheese making equipment from the Plum Hollow Cheese factory at the Athens Museum.

As farms grew larger, most stopped raising pigs that had been given the surplus whey. Some recall discarding it down gopher holes, sending the creatures scurrying from their underground homes. Ministry requirements eventually disallowed the flushing of whey and wash water into creeks or onto farm fields. In 1974 milk cans were phased out and farmers lost the advantages of trucking their own milk which was picked up by bulk trucks.

Eventually, rural factories were forced to close for a variety of reasons, ending the remarkable era of community cheese factories. It was stringent regulations, modernization and big business that became the demise of small area cheese factories, having a great impact on local agriculture. In many ways this is reminiscent of many rural development challenges today. [LH](#)



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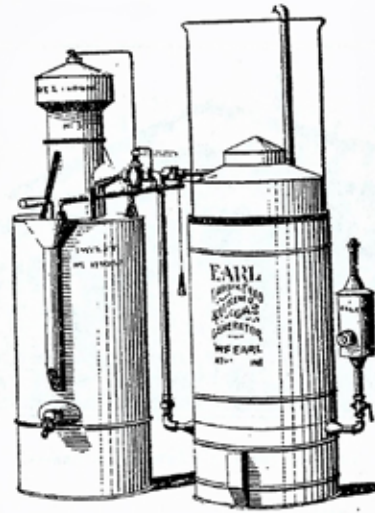
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W. F Earl 1 – Foss Earl and his wife “Frankie” as they appeared in their wedding photo in 1888.

W. F. Earl 2 – A drawing of one of the Earl generators.

FOSS EARL, INVENTOR & EARLY LIGHTING IN ATHENS

By Sally Smid

As we consider the 20th anniversary of the Ice Storm and experience numerous Hydro outages, it is interesting to consider that electrical power was not always available. In earlier days there were alternate means of lighting, including candles, oil lanterns and more. In the 1800's you had to take along a lantern if you went outside after dark, until local fire regulations forbid it. It was recorded that in 1892, one of the many jobs of the Athens town constable was to light the street lamps and put them out. It was also recorded that in 1903, the first gas street light was placed at the corner of Elgin and Central Streets by A. E. Donovan who lived across the road at 10 Elgin. It was a 70-candle power gas burner and nearby residents helped to fund it. In 1921 the Athens Women's Institute purchased 25 coal oil lamps to light the street corners. Later they were replaced with gas lights. Residents living nearest to the lighted corners would light the lamps each night.

Athens can also lay claim to the fact that the village had a most unique form of lighting in its earlier years. A local man who is often overlooked for his ingenious inventions in that regard is W. Foss Earl (1866-1953). He was listed as a trustee of the Athens Model School and also operated a construction business. He began as a tinsmith, which was most useful in his varying enterprises. Earl was most noted for his Acetylene Gas Lighting business. His invention provided a unique form of lighting in the early 1900's.

Acetylene was produced by mixing calcium carbide with water. He manufactured Acetylene generators which were his patented invention. These lights had a soft glow that was more brilliant than the coal oil lamps. His lighting was used in the Town Hall, most businesses, hotels, several local churches, homes, and barns. The Earl generators were advertised as economical, automatic, easy to clean and were fueled with carbide. They

were also promoted as being Canadian made, compact, safe, clean and odourless. They were reported to be “fully approved by the Canadian Board of Fire Underwriters.” Many letters were written by satisfied customers who were very happy with their Earl purchases.

In 1917 his warehouse and lighting plant, which was part of his construction company on Main Street, were destroyed by fire as were the neighbouring telephone exchange and shoe store. Lighting and heating at that time were not quite as fire safe and the local fire department was far less efficient and equipped.

Earl's daughter Marjorie, who was a noted teacher and librarian, donated several items for a display, which is now in the Athens Museum. It includes Earl's “wedding frock” and “the wedding nightgown” of his bride Frances Judson, as well as photos and a booklet which describes his inventions.

Earl's gas lights were replaced by electric lights in 1928 when lighting was controlled by the Athens Hydro Commission. The night that the new lights shone for the first time, Reeve M. B. Holmes referred to Athens Main Street as “The Great White Way”. In 1982, Ontario Hydro took over and sodium, amber lights appeared on the street.

Lighting has come a long way since the days of the oil lantern, but it is interesting to look back and discover the progress made and also give tribute to an ingenious local man who was such an incredible inventor and businessman.

LH



BACK TO SCHOOL: A Roadmap for Parents & Students for a Successful School Year!

By Jonathan Vickers

It seems like your children or teenagers are just home for the summer. Then, all of a sudden, we're into August. It feels like it's gone by very quickly and the commercials start on TV: "It's the most wonderful time of the year!" All of a sudden, commercials or newspaper flyers from various department stores or office supply stores inundate your home and the stress begins for families of a summer suddenly ending and a new school year on the horizon. It does not have to be that way however, with a little bit of planning and communication with your children or teens, "The Back to School" stress/nightmare can be handled deftly, strategically and most importantly, economically.

For Parents, or single Parents, with working families and possibly no vacation time in the summer, time management is crucial to pre-plan a successful transition for your kids, a "Back to School" frame of mind.

Here are some starting points and a roadmap to get everyone on the same page.

1 Mark on a calendar on the fridge or better yet on your computer calendar/ phone, a date and time you will sit down with your children/teens and discuss a "Back to School" plan. Children and Teens need to be involved and communication is key. It is possible one of your kids is just starting school or graduating middle school, and will be starting High School, or maybe it is the final year of High School. Whatever the situation, make a morning or afternoon date and start the planning process.

2 For Parents, some key issues to focus on initially is to book appointments for dental/eye doctor/physician if your child/teen has not had an exam in the past 12 months. Especially for dental or eye care, if your family is covered under a group plan. The physician visit may cover shots or if your kids may have a late summer cold or flu. We all know the first 2 weeks of school, children and teens bring home different ailments or health issues to start the school year. Be proactive and make the time while doctor's offices are relatively quiet during the summer.

3 Go on-line to your school board or schools and check on what your kids/teens may need for school supplies, computers or tablets, dress codes, as well as rules of conduct for the school and potential after school activities for your children. If it is not listed, then call the school and be proactive. Talk to the teacher if possible. Most teachers are back in the school during the month of August. Any advance information can save you time and money. It will also be part of the discussion with your kids on dress codes and rules of conduct.

4 If you have a home computer your kids use, now is the time to bring it in to a computer repair shop and have a computer diagnostic done. This will determine if there are potential computer viruses and they will clean hard drive, delete unnecessary programs and files to allow for more memory. You may want to buy extra flash drive sticks in case your kids lose them.



5 Make sure you budget for computer paper and ink cartridges for the printer. Check out sales weekly. Buy early, not necessarily when you need items immediately.

6 If your teen owns a cell phone, make sure they are on a family plan. Also make sure they do not over use on downloads at the start of the school year. Have a discussion on cell phone use and text use, especially in school. Teens should know the school rules on cell phones so they know if they're allowed in the classroom.

7 Clothing and dress shoes are always a budget breaker for families and parents. Everyone wants to wear the latest fashions and footwear to start the school year. Sit down with your kids/teens and establish budgets and communicate what is appropriate and what is not. Again, schools or the school board may have rules that students have to follow.

8 Budget time for haircuts and again make sure your kids are following school guidelines. Coloring of hair may or may not be appropriate.

9 If you have a teenager, have a discussion on time management for High School. Like a lot of teenagers, it is possible they are dating, have a part time job, participate in sports or other school activities. Make sure you learn their schedule and establish ground rules for their time and making them accountable for their school work. Communication is key here. It is important to make sure your teens know there are boundaries.



10 2 weeks before school starts, have your children start going to bed at an earlier time to re-adjust their sleeping habits. Make sure they get up at the same time they are going to school so they can adjust to morning wakeups. Teenagers are tough to change as sleeping in is commonplace. Work on slowly having them go to bed earlier and getting them up at the proper time. It does have an affect on learning and homework.

11 Homework- All children and especially teenagers will bring home homework. Talk about this upfront and establish a time frame and when they should work afterschool on their studies. It may work for some after dinner or for some, before.

12 Have a plan for lunches and dinner meals for the school week. Put a healthy meal plan together and school lunches. Have healthy snacks for after school as well. If parents work they may not be home in time for dinner. Pre-plan some dinner meals and make them ahead of time and freeze them. Healthy dinners and snacks help learning and focus for teenagers and kids.

13 Find out about local library activities after school, or after school activities your children may enjoy. For teenagers, talk about what their interests are: sports, music, arts, dance, etc. and have them pick something they would like to do. Some libraries in the area offer computer or gaming afternoons after school or book reading programs. Most of these are FREE.

14 Have a babysitter on speed dial. School cancellations happen or PA days come quickly. Make sure you have a backup plan, especially with working families or single parents. Maybe a neighbor can help in a pinch, but it's best to be prepared.

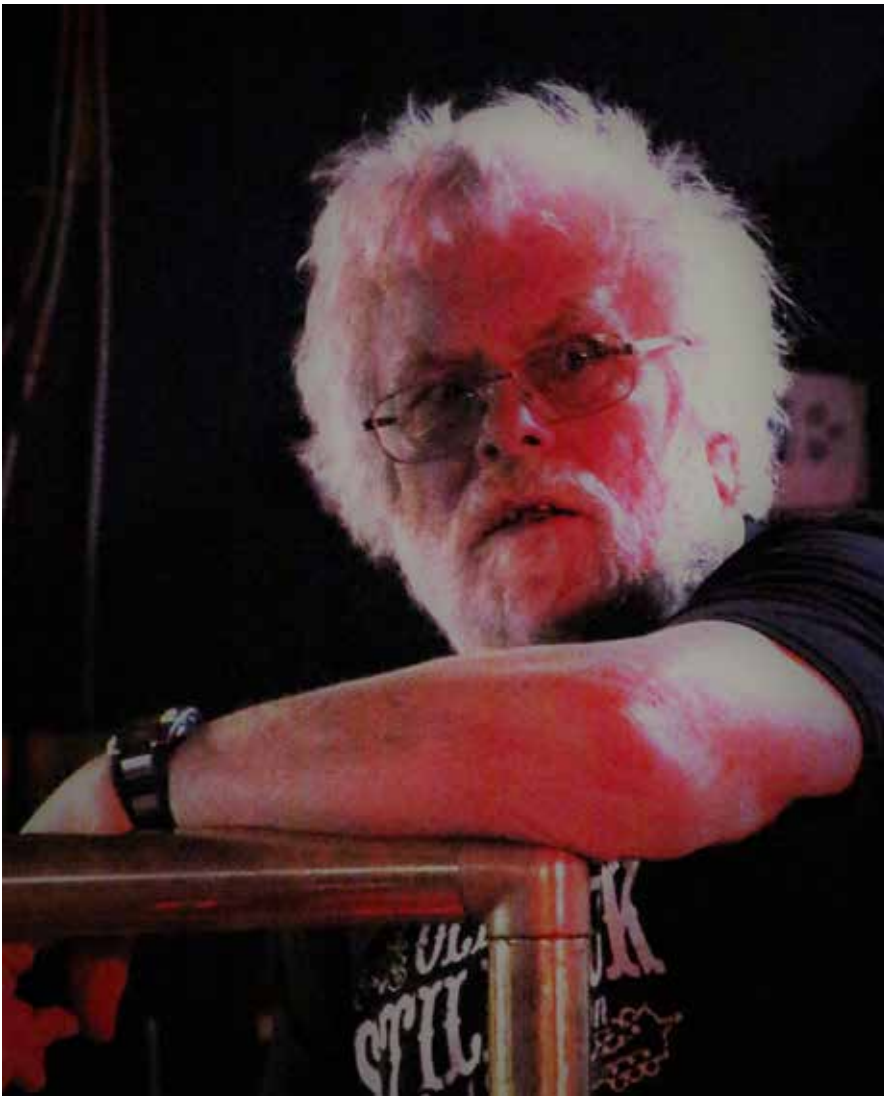
15 Lastly, have a talk with your children about any stresses or concerns they may have about going back to school. Listen, don't over react if a delicate issue is brought up. Work with your kids through any concerns or problems and if necessary professional help is out there.

It is not easy today for parents or single parents of teenagers or children. There is a lot more technology out there than when we went to school. The social issues of the day (bullying, drugs, alcohol, body appearance, mental health issues, stress, cell phone use, Facebook, Instagram) can be especially challenging for families and parents. Do not be afraid to communicate with your kids and if you need help or have concerns, don't be afraid to call and ask for professional help.

Starting a school year can be daunting for families on all levels, but with a little bit of pre-planning and including your kids in the process, it can be rewarding and help bring families closer together. Don't wait start the process today!

LH





GREAT MUSIC AND GREAT TIMES WITH WAYNE HUFF

By Lorraine Payette

If you like classic rock and enjoy an artist who can not only play and sing, but also has an infectious sense of humour blended with the ability to make everyone feel good, then you are looking for Wayne Huff.

"I have been playing professionally for about 45 years," he said. "Mostly locally, but occasionally I'll branch out to Ottawa (Hurley's in Stittsville) or the other side of Toronto (Port Dover).

I've never been out of the country professionally, and have very seldom performed more than four hours from my home town."

Although a mild mannered courier driver by day, given even the slightest opportunity he'll grab his guitar and magically transform into his alter ego – known lovingly to his fans as "Animal" after the character from the Muppets.

"I specialize in classic rock (always been a rocker at heart), but occasionally branch into what you might call 'outlaw' country (Waylon Jennings, Willie Nelson, Kristofferson, etc.)," he said. "I also have an 'adult' comedy set, but obviously it's not welcome in every venue."

Although he respects country music fans, he plays very little of what modern fans think of as country music. He feels it just isn't him, and he tries to stay true to what he feels is best.

Asked once who he would like most to jam with, he had to think about it.

"Man, that's a tough call, there are so many of them out there. If I'm forced to choose one, I guess I'd have to go with Neil Young, since his music and voice are most suited to my playing and singing style."

The comic side of his music is probably what people think of most when they think of Wayne, and they come out wherever he plays – whether at one of the many pubs and restaurants in Gananoque, the School House Jam in Rockport, or any of a wide selection of private parties, barbecues, or other functions. However, he also has a more serious side.

"Most often I play solo, but I've also taken part in many open jams, the latest one being the celebration of life for a great friend, an awesome musician and a wonderful, kind soul," he said.

"We had been friends for many years. He'd had previous struggles with cancer, and recovered, but his latest battle was, unfortunately, one that he wasn't going to win. Since he was laid up, and his loving wife was caring for him full time, neither one of them was working, so I decided to hold a fundraiser for them.

"The response I received from friends and fellow musicians was nothing short of amazing. I ended up with a dozen singles and duos, and 6 bands, playing over a total of 8 ½ hours, and we raised \$4,000 to help them out. It never ceases to amaze me how the musical community comes together to honor and assist one of their own."

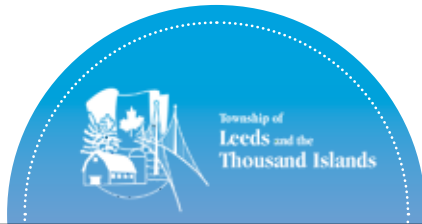
He performs regularly, yet has never produced a CD. He did record a version of John Denver's "Garden Song" to help promote the Lansdowne community garden, but his magic is best experienced live.

No matter the size of the audience, Wayne is always happy to share his music. Just head to the closest local venue when he's there, and get ready for the time of your life. **LH**

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