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August | September 2016

The Many Faces of the Windmill

Small Town Business Challenges

Lyndhurst Turkey Fair
- Resurrected from a Flourishing Past

Fulford Place: Mansion & Family Home

The Year Snoop Dogg Played
the Town... and Nobody Came!





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August / September 2016



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Fort Wellington National Historic Site *Guardian of the St. Lawrence!*



Events

Whiskey Tasting:
Thursday September 1st, 2016
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Programs

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Have you ever imagined what it would be like to live in a real fort? At Fort Wellington in Prescott Ontario, you can explore the buildings, put on a costume, and maybe even hear the roar of the cannons. Better yet – YOU could be the one firing those cannons!

The fort was built during the War of 1812 to defend the St. Lawrence River shipping route from possible attack by the United States. It was called into service again in 1838 when invasion from the United States was once again imminent. By the 1840s, it was a real family fort – the soldiers' wives and children actually lived with them in the barracks! Today, visitors can explore the original historic site and interact with

guides in period costume. Children can go on an adventure and become Parks Canada Xplorers to discover this unique fort. The site also boasts a modern visitor centre featuring the wreck of an 1812-era gunboat.

Fort Wellington is open until October 10th.

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September - Thanksgiving, 10 a.m. - 5 p.m.
Thursday - Monday

It's your last chance to visit Fort Wellington for the 2016 season!

Take advantage of the site in its quieter times.

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Bananas Foster

Serves 4 total prep time : 15 min

You'll need...

- 2 bananas, peeled
- 1 tbs. fresh lemon juice
- 2 tbs. unsalted butter
- 1/4 cup dark brown sugar
- 1/8 tsp ground cinnamon
- 1 oz. banana liqueur or banana extract
- 2 oz. white rum
- 1 pint (2 cups) of vanilla ice cream

To create...

- Slice the bananas in half lengthwise and brush with the lemon juice. Melt the butter with the sugar in a flat chafing dish or 10-inch skillet. Add the bananas and sauté until just tender. Sprinkle with the cinnamon.
- Remove from the heat and add liqueur and rum. Carefully ignite with a long match. Use a large long-handled spoon to baste the bananas with the warm liquid until the flame burns out.
- Divide the ice cream among four dishes. Top each one with a banana half and some of the sauce. Serve immediately.



Cucumber Feta Salad

Serves 2-3 people

You'll need...

- 1-2 English cucumbers, sliced
- 1/2 small red onion, thinly sliced
- 1/2 pint grape tomatoes
- 1 tbs. white vinegar
- 1/2 tsp sugar
- 1/4 tsp salt
- 1 tbs. chopped fresh dill
- 1/4 cup feta cheese

To create...

- In a small bowl, combine the cucumber slices, red onion slices, grape tomato slices, vinegar, sugar, and salt. Stir to combine.
- Add in chopped dill and feta cheese. Stir again.
- Serve salad chilled on a white rectangular plate for presentation.



Cottage Pie

Serves 8. Prep time 30 mins. Total time 1 hr 20 min

You'll Need:

- About 25 small new potatoes (approx. 3 lbs) sea salt and black pepper (to taste)
- 1 cup whole milk
- 4 tbs. unsalted butter
- 2 tbs. olive oil
- 1 lb pearl onions
- 1 1/2 lbs lean ground beef
- 1/4 cup (garlic) tomato paste
- 1 tbs. Worcestershire sauce
- 1/4 cup all-purpose flour
- 2 cups low-sodium chicken broth
- 1 cup frozen peas
- 1 medium butternut squash (about 2 pounds), peeled and cut into 3/4-inch pieces

To create...

- Pre-heat oven to 350° F. Place the potatoes in a large pot, add enough cold water to cover by 1 inch, and bring to a boil. Add 1 teaspoon salt, reduce heat, and simmer until tender,

15 to 18 minutes. Drain and return the potatoes to the pot; add the milk, butter, 1/2 teaspoon salt, and 1/4 teaspoon pepper and mash.

- Meanwhile, heat 1 tablespoon of the oil in a 5-6 quart Dutch oven over medium-high heat. Add the onions and cook, stirring often, until beginning to soften, 4-6 minutes; transfer to a medium bowl.
- Heat the remaining tablespoon of oil in the Dutch oven. Add the beef, 1/2 teaspoon salt, and 1/4 teaspoon pepper and cook, breaking the beef up with a spoon, until no longer pink, 4-6 minutes; mix in the tomato paste and Worcestershire sauce. Sprinkle with the flour and cook, stirring, for 1 minute. Add the broth, squash, peas, and onions and bring to a simmer.
- Transfer the beef mixture to a 9x13 inch casserole dish or a 3-quart baking dish and top with the potatoes.
- Bake until the potatoes are lightly golden, the filling is bubbling, and the squash is tender, 40-45 minutes. Let cool for 5 minutes before serving.

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Restored Lighthouse on Windmill Point originally built in 1820's

THE MANY FACES OF THE WINDMILL

By Joan Rupert-Barkley

The stone tower that overlooks the St. Lawrence River and is located just 3 km east of Prescott at Windmill Point (Off Windmill Rd) is almost two hundred years old and if the walls could talk they would certainly have some historical tales to tell. Over the years, this structure has undergone many different facelifts.

The lighthouse was built in the 1820's and was originally a windmill that grinded grain into flour and feed for the animals. In November 1838, a group of more than 200 rebels landed at Windmill Point in an attempt to overthrow the British rule in Canada. More than 2,000 British soldiers and militia surrounded them and a bloody battle followed and forced the rebels into the windmill and surrounding stone buildings. Within the next couple of days,

British gunboats and field guns opened fire. Without medical, food or ammunition supplies, the rebels had no other choice but to surrender. In 1872, the tower was transformed into a lighthouse by the Federal Government and it remained in service until 1978.

After that the building was locked and empty for many years until a group of students led by Paul Fortier opened the doors for one summer. This eventually led to the formation of the Friends of the Windmill. This volunteer non-profit group opened the stone lighthouse tower to the public as the Battle of the Windmill National Historic Site in the 1990's. This group is in partnership with Parks Canada. The group holds fundraising yard sales twice a year and some of the special activities that have taken

place at the site over the years include pirate days, kite days and re-enactments. The site was designated a Heritage Lighthouse under the Heritage Lighthouse Act in 2014. Due to structural concerns, the site was also closed for renovations that same year.

It took approximately 13 months to complete the renovations. The major restorations were financed by government grants. The cost of the repairs was more than \$400,000.00. The work that was done by Hubbard and Company of Spencerville, On, included repairing all the cracks in mortar and stone, replacing all the wooden structure and repairing the roof. The cedar rail fences were also replaced and the grounds were cleaned up by volunteers.

"Everyone should be able to visit and learn about the history and the role the windmill played in Canadian History," commented Barry Brown, president of the Friends of the Windmill.

According to Brown, there are a number of people who visit the windmill every year. There is a large number who go through the mill but, there are many more who just visit the site to read the historical information on the interpretive plaques, or to take a stroll down the winding trail to the river. Picnic tables and benches are also set up for visitors.

The windmill will be open to the public this summer. The hours are from 10:00 a.m. - 4:00 p.m. Thursday through Monday (closed Tuesday and Wednesday). Thanks to a student grant, a summer student has been hired to be on site. This will allow visitors to enter the structure and see the history that is on display and all the renovations that have taken place.

The reception area of the windmill includes; a book and gift display area. Spectators will also see a video depicting the history of the windmill, as well as the new story boards, before heading upstairs to enjoy a spectacular view of the St. Lawrence River from 2 different levels. **LH**

EDITOR'S NOTE: A great part of our local history and Canadian history that is often not learned about in schools. Definitely worth a visit along with a stop at Fort Wellington in Prescott. A great way to spend an afternoon and even have a picnic on the grounds of the Windmill with your family and enjoy the view of the St. Lawrence River.



Athens was once a very busy centre of commerce.

SMALL TOWN BUSINESS CHALLENGES

By Sally Smid

During the Golden Age of Athens, in the early 1900s, most residents worked and shopped in the village. It was a busy place for commerce and trade as residents did business with everything from grocers and milliners to blacksmiths and cobblers. Perhaps most importantly, it was a place where much social interaction and networking took place around the stove in the general store or on the board sidewalks.

Over time, commuting became a common practice as it has for many small-town Ontarians. Added to the challenge is decreasing jobs in neighbouring cities, changing small town local economies in many ways. While urban areas struggle with how to address population growth, smaller centres have alternate problems. Service clubs, once responsible for major community projects are faltering as memberships decline.

However there have been those that still choose a small town environment where life seems to move slower, people know each other better and look out for the welfare of their neighbours. Small towns are often considered more friendly, safer, and “a great place to raise a family”. Many will agree that all towns have individual strengths to draw upon. Perhaps it means recognizing those strengths and addressing weaknesses is the way to build up a community. Many challenges are involved, but with a vision, a proper economic development plan, infrastructure funding and municipal guidance, such progressive change can occur.

Athens Hardware on Main St. in Athens (owned by Reg Smith) has found success in striving to know what customers are looking for and making items available that are in demand in the village, to the area farms, and to the cottagers. Not everyone realizes what the store does have to offer or that price comparing is possible. Doors and windows, cabinets, lumber and other building materials are available, as well as installations and rentals at lower or comparable prices.

Giles and Jan Loshaw of Stedman’s are preparing to retire after 38 years. They have had personal connections with their customers and have provided many items that have not been available in other stores. They have been a very valuable part of the community. Much has changed over the years and on-line shopping now presents new challenges to retail stores such as this. Though many folks still want to “see and feel” items before they make a purchase. Unlike on-line purchasing, local small town merchants are prepared to advise and assist patrons with friendly and customized service.



Reids Flowers has had quite a few changes under new owners Scott and Pat Jones.

Fires have certainly changed the face of Athens over the years. Athens Barber Blair Chant, who has been in business for over 40 years, experienced a fire which destroyed the building that housed his iconic barber shop. He is now continuing his trade at his residence on the corner of Wellington and Elgin St., though his preference is by appointment.

One of the newest businesses in Athens is 247 Fitness, operated by BJ Ward. This 24-hour fitness centre has been very busy and successful. The centre is open 24 hours a day and has all of the latest fitness equipment. Membership is limited to avoid waits.

Other businesses have changed owners as well, such as Reid's Flower Shop.

For many of the special occasions in life, the most memorable moments may be when the local florist delivery man appears at your door. Such has been the task of Reid's Flowers at 2 Main St. West in Athens for many years. The Reid's retired several years ago and the new owners/operators, Scott and Pat Jones, continue to serve the area in the same friendly, personal, small-town tradition. It is housed in the oldest stone building in Athens. The Jones' have added new dimensions to the business, which now includes a thriving gift shop with an affordable array of all occasion gifts. Pat has also opened a full service beauty salon at the same location.

With a growing senior population, a local drug store is very important. The Athens Pharmasave is located in the same building as Lamb's Drugstore was over 100 years ago. This business makes a point of serving customers in a modern and personal way and is always ready to give back to the community.

The local Farmer's Market has also grown in popularity. There are now quite a few vendors at the Market each summer to make it an even better possibility to find local produce. Area cottagers also depend on the village businesses for many different needs. Many new residents to the community comment that Athens is a place where you can find everything you need on Main St.,



Left: Old Lamb's Drugstore and present day Athens Pharmasave same building.

be it groceries, a pharmacy, postal service, banking, auto service, eateries, a coffee shop, real estate, or antique and second hand items, without the city traffic. Athens also has schools, churches, a library, a museum, health center, CPHC and a variety of services which make travelling to bigger centers unnecessary. In this day in age, it is also possible to conduct business on-line from your home in Athens, as various authors and business professionals have discovered. Some families have also found that it is a central location, and one

partner can commute to work in Kingston, while the other commutes to Ottawa.

It can be frustrating for Business Owners to hear local customers say, "I have looked everywhere to find this, but never thought of looking in Athens first." Perhaps it is more important than ever for small town residents who enjoy the many benefits of living in such locations to be more ready to shop local and support the hometown shops and services in the area so they may continue to exist. **LH**

EDITOR'S NOTE: Athens, compared to larger communities and other small towns, actually has a One Stop Shopping district. However, it is convincing the local residents to "Shop Local" so they can keep their unique community thriving, that is the key. It is the local Merchants and Business Owners that donate goods and services to local Charities/Schools or Groups for Fundraisers. It is important to remember this when shopping for certain products or services. Rather than

"Purchasing Elsewhere" why not keep your shopping local? All you have to do is look in other towns and cities in the area, with their downtowns and see the empty storefronts to give you an idea of how the face of retail and business is changing rapidly in our local area. "Living Here" has always encouraged our readers to "Shop Local". We hope when visiting any of our towns or local communities, you will shop and spend here to help our local economy.

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The invention of sand surfing back in 2009 – a little imagination and a lot of fun

FUN ACTIVITIES for Do Nothing Days in the Summer

By Lorraine Payette

Just another whiny Monday on a beautiful summer day? Turn it into a fun day with the kids! Every parent dreads having to keep their children amused when boredom strikes in the summertime. Instead of plunking them down with electronic devices, do something together that will let everyone have a good time. You can create great memories that will last forever.

There are all kinds of activities that can be shared whether indoors or out.

Try setting up a snack and beverage stand. A simple table with a pitcher of lemonade and a few paper cups, a few packages of homemade cookies or other treats and a young person is off and running a business. Maybe ask 25 cents a cup for beverages, 50 cents for a bag of two cookies or a brownie, and see how many people stop to buy. Show the kids how to keep track of their money – write down how much they sold and how much it cost, and make sure they set some aside for the future as well as getting to enjoy their earnings.

Old fashioned games are also fun. Get out the bright colours and let them use chalk to decorate your sidewalk and garage door. The rain will wash it away, giving them a clean slate to work on every few days.

Jump ropes are easily made or purchased. Single child skipping or long-rope jumping with others can be a lot of fun. Try all the “skipping” games from your childhood and share them or go on-line to http://www.gameskidsplay.net/jump_rope_rhymes/ and see some of the great games they have to offer. They also have a link for clapping games which can keep two kids happy for hours while increasing their manual dexterity. For the truly brave, try double-Dutch and see just how good you can get over the course of a summer.

Jacks and hoop rolling are other fun games from the past. While barrel hoops are no longer available, hula hoops can be had in quantity. They can be played with in the traditional way, or rolled along the ground with a stick, trying to keep them balanced.

There are even hoop tossing games which bring out the giggles as you try to toss a hoop back and forth in a game of catch, using two sticks instead of your hands to catch and throw.

Jacks can still be purchased in toy stores (try on-line if you can't get them nearby). The object is to toss a small rubber ball into the air with one hand and let it bounce once while picking up a jack with the same hand before catching the ball again. Start with one at a time and work your way up to see if you can get them all. Full playing rules can be found at <http://www.wikihow.com/Play-Jacks>.

Get out some basic ingredients and make brownies, cake or cookies. When they cool, decorate them with different coloured icing or sprinkles and dig in.

Build forts – inside or out. Sofa cushions, sheets and blankets can transform a living room into a great fort or indoor camping spot. Outside, try finding different things in the garage or around the yard that can be built into a great fort. Try building something you can sleep out in, then (under adult supervision) set up a small charcoal barbecue and have a campfire in it with marshmallows.

Once you get started, the choices are endless – from blowing bubbles to costume parades to making your own instruments and starting a band. Let your imaginations fly, and there will be no more whiny Mondays, only fun days summer. **LH**



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Voyageur Canoe Rides during Turkey Fair (picture credit Jack Harvey)

LYNDHURST TURKEY FAIR

Resurrected From a Flourishing Past

By Tanya Hammond

Today we know it as Lyndhurst Turkey Fair, “a free day of fun for everyone”, held the third Saturday of September each year. September 17th 2016 will mark the 23rd annual Turkey Fair since it was brought back to life by the local Chamber of Commerce and a dedicated group of determined volunteers in 1994.

The popular Fall fair has an endless list of things to offer, with many displays that pay homage to Lyndhurst’s history, including a quilt show, antique car and boat show, heritage exhibits, turkey calling contest, horse drawn wagon rides and a chance to

ride in voyageur canoes. Terri Wood, a local realtor and a devoted Chamber of Commerce member, who has been involved with the modern day Turkey Fair since the inception says, “If you haven’t been – you are definitely missing out!”

Widely known for its giant craft fair that fills the streets with vendors selling their wares, the fair regularly draws a crowd of over 5,000 visitors every year. Live music provided on outdoor stages adds to the excitement that day, along with other activities to keep the young and the young at heart happy, including a petting zoo, pony rides and

small carnival games. The silent auction and popular button prize draws are made possible by donations from the local businesses and others who share in the desire to see the Turkey Fair continue to be a success.

It is that same community spirit and support that made it possible for the village to not only resurrect an event that had been held over a century earlier, but to also save what is without a doubt the most striking feature in Lyndhurst. The old three-arched stone bridge, built in 1856 and 57. It is said to be the oldest bridge still in use in Ontario. Visitors to the Turkey Fair will undoubtedly pass over the famous bridge, either by car or by foot, and will even have a unique opportunity to learn to row an antique St. Lawrence River Skiff, that will be accessible at the docks at the base of the bridge that day.

Though this celebratory day came back to life as a reminder of days gone by, it is important to note that the original Lyndhurst Turkey Fair in the 1880’s was born out of necessity. A plague of grasshoppers hit the Leeds County region back then. How might that strange fact be related to the need for a Turkey Fair? Interestingly, it is reported that as a result of the invasion of grasshoppers there began a mass breeding of turkeys to help eliminate the nuisance grasshoppers. Consequently, large flocks of turkeys were slaughtered later that December when the cold weather made it possible for them to be transported safely. This overabundance of turkeys prompted the local farmers to hold a Poultry Fair to sell their birds. The fair was an astounding success with turkeys being shipped via the Lyndhurst Train station to as far away as Montreal and Toronto. By 1926 Lyndhurst Turkey Fair “had the reputation of having the largest poultry fair in this district”, according to an ad in the Athens Reporter.

In fact, 55 tons of poultry was sold for \$52,000, proving the ever growing popularity of poultry. Unfortunately, with the access to refrigerated trucks around 1933, the original Lyndhurst Turkey Fair met its demise. However, we can be thankful that a group of inspired individuals saw the opportunity to once again feature the feathered fowl at a huge fall festival and watch people flock to our small village as our forefathers did. **LH**

Lyndhurst Fair circa 1915
Courtesy of the Merton Moorehead Collection



To learn more about this year’s Turkey Fair on September 17th, contact: Martha Harvey @ 613-928-2989 or go to www.turkeyfair.ca or www.facebook.com/turkeyfair



Photo by Robert Erickson

DEWAR'S INN

Relaxation by the river in Prescott

By Lisa Crandall

At first glance, Dewar's Inn presents an understated façade, apparently an ordinary motel by the side of the road that used to be known as The King's Highway. That impression quickly gives way to the reality of a lush and serene water front haven.

Located on 1649 County Road 2 W, just slightly west of Prescott, the Inn specializes in quiet and calm with an adult only, no noise policy. Offering 18 units, the range of accommodations includes; individual cabins, a limited number of efficiency units, as well as regular motel style rooms. Each one positioned to enjoy views of the St. Lawrence River and garden spaces that evoke a slower pace, away from ordinary cares and concerns.

It was the sense of peacefulness that inspired the new owners, Frank and Judy, to take on the ownership of this thriving business that has such a long history. Originally from Beijing, the husband and wife duo were drawn to the history of this part of Ontario. They travelled extensively across Canada before settling down in this area, searching for a new way of life after the hustle and bustle of big city living in contemporary China. They are convinced they have found exactly what they were searching for when they purchased the Inn in 2015. They live on site and are part of the daily routine of running the Inn, striving to keep the experience of each guest as personal as possible.

The buildings are situated on the former site of the Grenville Brewery, a source of local employment during the 19th century and wealth in the pre-prohibition era. The Brewery was forced to close during prohibition (1916-1927 in Ontario) and the buildings were torn down in the 1920s.

The history of the location lingers in the red bricks, which were used to construct the individual cabins that now line the water front. In the remains of the old wharf, just barely visible poking above the water, where it is still possible to find old bottles hiding in the mud of the river bottom.

Dewar's Inn has been accommodating travellers since the mid-1930s. The original cabins on the site were built by Edgar Roy and his son Lindsay. They ran it under the evocative name Isle of Rest Cottages.

A more recent proprietor Paul Dewar put his talent as a woodworker to good use by carefully renovating each of the cabins currently in use. Two of the original eight cottages were converted into a set of four efficiency suites, which include small kitchenettes. It was during his 28 year tenure that the lush greenscaping gradually evolved. What started as a Friendship Garden built with donations from friends, has grown to include several plum and apple trees, as well as a colorful array of shrubs and flowering plants. Guests are encouraged to sample offerings of the trees if they are lucky enough to be on hand during the harvest season. A recent experimental addition is a Goji Berry bush, happily thriving just outside the communal kitchen in the main building. The greenery and seasonal blooms soften the edges of the many outdoor spaces, including a lengthy boardwalk that links the various cottages. It is dotted with comfortable looking chairs that beckon guests to sit and enjoy the sights and sounds of the St. Lawrence River, while unwinding as time slips quietly by.

The carefully monitored environment of no kids, no pets, no noise is what makes a stay at Dewar's Inn unique. It is the destination of choice for parents who need a short escape, harried and stressed city folk who crave a brief respite from busy lives and for seniors who prefer a slower pace. Many guests are repeat visitors. If you're in need of a brief get away with a timeless, gracious ambiance, you need not look any further than Dewar's Inn, in Prescott. [LH](#)



Photo by Robert Erickson



FULFORD PLACE

Mansion & Family Home

By Russ Disotell

The mention of Fulford Place elicits visions of a stunning mansion on the St. Lawrence River in Brockville. Built between 1899-1901, George T. Fulford's 20,000 square foot Edwardian mansion is imposing and impressive on the outside and equally magnificent inside with original tapestries, paintings, statuary and period furniture. Visitors from near and far are familiar with the quintessential mansion on the river with all its luxurious trappings. Pamela Peacock wants to show visitors another side to the story.

Fulford Place is owned and operated by the Ontario Heritage Trust, an agency of the Government of Ontario. Peacock is the Coordinator, Eastern Ontario Museum Sites for the Trust, which encompasses Fulford Place and Homewood Museums. Like many from outside Brockville she knew about the beauty and architectural splendour of the building, but once arriving to take over the reins of the operation she was struck by a different side of the mansion.

"I knew the building itself, and the architecture. What I didn't realize, and what isn't as well known outside Brockville is the family story" she points out. "The Fulford empire was global with factories around the world, as far flung as China, Japan and Australia, as well as across Europe. There is also a political aspect to the family's story." George Taylor Fulford was a Liberal Senator and Canada's political elite were regular visitors to the mansion. "Prime Minister's such as Sir Wilfrid Laurier and MacKenzie King came to supper." Politicians, industrialists and

businessmen from both sides of the river were friends and confidantes.

She has also been surprised by the number of visitors who relate personal stories about the family. "The history here isn't that far removed" she explains. There are stories of playing in the halls and on the grounds, sledding on the hills and attending school with the Fulford children. "As a visitor, there are so many ways to relate to the family and the home. We try to use these stories to make the mansion more accessible to everyone."

This tailoring of tours extends to local school groups. "We're always looking for new ways to bring the history to life for the students. A new curriculum has been developed to appeal to a younger audience and help make the history more relevant and exciting for them." She points out that any interested teachers or schools need only get in touch and they can work together to make a wonderful and engaging outing for the students.

The (we) refers to the hard working, enthusiastic volunteers at Fulford Place who, Peacock points out are always thinking of new ways to bring the mansion and its story to the public's attention. This year there are a series of noontime concerts, every Wednesday, on the verandah with an array of talented local musicians. They continue until August 25th. A listing is available on the Heritage Trust website under Fulford Place. For the younger set, eight to twelve, there is an Egypt and Archaeology day on August 12 with activities throughout the day. Volunteers are already hard at work making

plans for the popular Victorian Christmas fundraiser that takes place in November.

Homewood Museum in Maitland is Peacock's other ward. "It's one of the oldest homes in Ontario, having been built in 1801 by a Montreal architectural firm for Dr. Solomon Jones, a prominent local United Empire Loyalist. Seven generations of the family lived here. You can see the story of the development of the family in the bones of the house. "Ms. Peacock points out that while the two sites are dramatically different, they both chronicle the history of a family. She's also quick to point out that Homewood is "a great place for a summer picnic". On August 13, Homewood will be holding their annual "Family Day", with games and educational programs from 10am until 4pm.

Two homes, one thirty rooms of opulence and grandeur, the other distinctly more utilitarian. One from the turn of the Nineteenth Century, the other, the Twentieth Century. Both encompassing the history of the area. Two homes, and of course, two family stories. **LH**

FULFORD PLACE

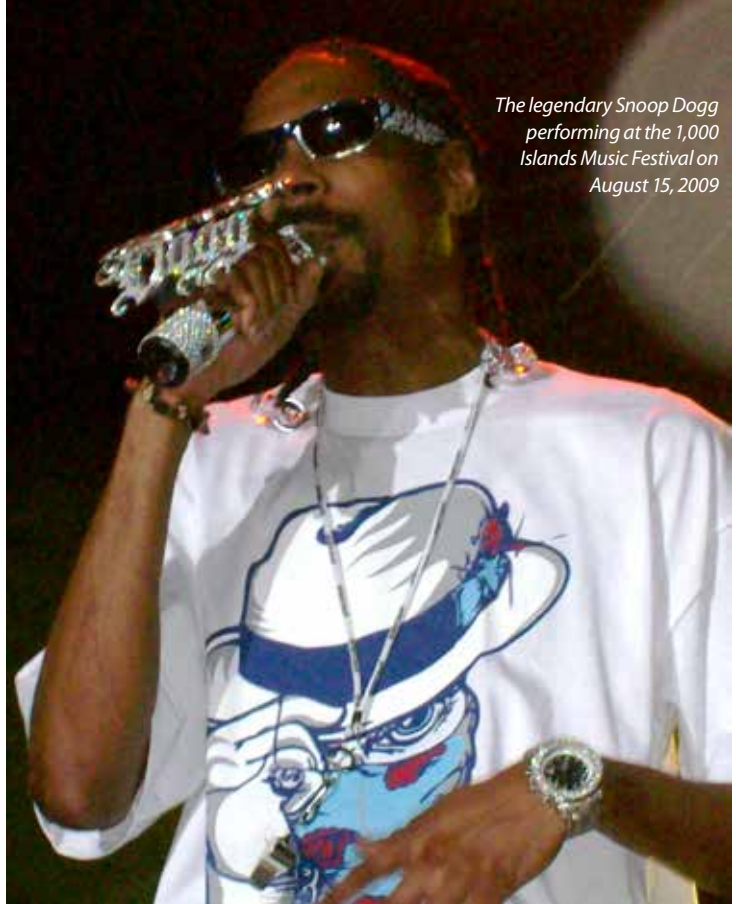
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Lead singer Alex Norman of IllScarlett



The legendary Snoop Dogg performing at the 1,000 Islands Music Festival on August 15, 2009



Police out handling crowd control

THE YEAR SNOOP DOGG PLAYED THE TOWN.. AND NOBODY CAME!

By Lorraine Payette

Step back in time, if you will, to the ultimate rock concert of 2009!

CD sales are slumping throughout North America. With new technology, people are no longer buying complete albums. Instead, they download songs from the internet and trade them back and forth, never thinking about the loss to the industry. This must be corrected.

Promoters check the records of perhaps the best remembered and most successful concert of all time. A simple music festival in 1969 held on a 600-acre farm in Bethel, New York, it grew exponentially to bring in half a million attendees, and far more would claim to have been in that legendary crowd. That, they decide, is exactly what they need – the crowds, the excitement, the power

of live music. They need to create another Woodstock.

They begin scouting locations. The perfect outdoor venue is essential – a farm with plenty of open acreage, but close enough to a residential area to provide food and accommodations. They don't expect a group as large as Woodstock for this concert, but the local populace has to be willing to deal with expected crowds of 30-40,000 in a warm, friendly way. The acts also have to feel comfortable in this setting, never fearing for health or safety.

After careful searching, a decision is made to put the event at Glen Dingman's farm just outside of Gananoque. The setting is idyllic, with plenty of room for the two stages; all of the bands' facilities and equipment; and camping for 4,000 or so eager concert goers. Located close to Highway 401, it has easy



access from Toronto, Ottawa, Montreal, and northern New York. There is also an airport in nearby Kingston for those who may wish to fly in from further away. Numerous hotels, motels and other accommodations, as well as many different types of restaurants and attractions, are close to the site.

A concert isn't a concert without a great line-up, and the decision is made to go broad spectrum and try to bring in music fans aged 18-80. Many genres are considered in order to please as many people as possible, with both stages expected to be up and running for the entire three days of the event. Top acts are planned, plotted and checked before being booked.

The final program includes all headliners of the popular music industry. On the roster are more than 30 acts, everyone from Mr. Lahey (John Dunsworth) and Randy (Patrick Roach) of The Trailer Park Boys to Illscarlett, Simple Plan to Akon, with the jewel in the crown being a performance by the one and only Snoop Dogg. Careful planning has slotted everyone as follows:

The idea is flawless. Tickets are set at a reasonable price to draw the biggest crowds

August 13/2009

Emily Fennell
Graham Greer
Ianspotting
Mr. Lahey and Randy
The Irish
Descendants
August 14/2009
The Warped 45'S
Arietta
Faber Drive
Mr. Lahey and Randy
NLX
Plain White T's
Simple Plan
Stereos
The Latency
The New Cities
KO
Walk Off the Earth
We Are the Take

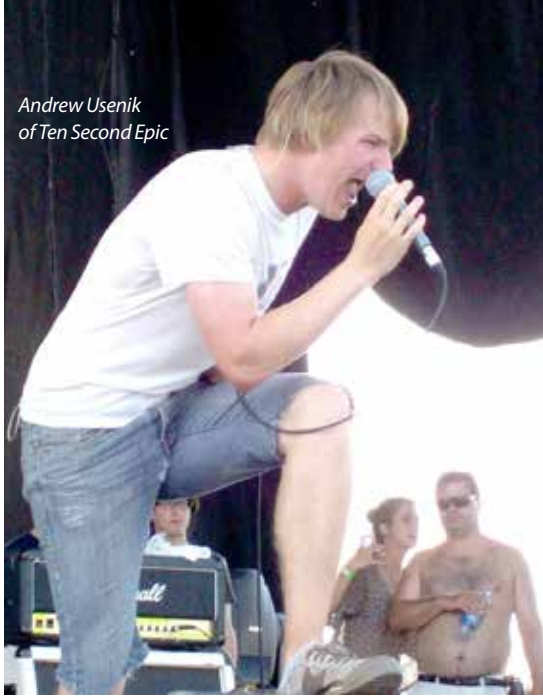
August 15/2009

The Free Press
Official Blues
Brothers Revue
Kardinal Offishall
Illscarlett
Hello Beautiful
Amanda Rheäume
Akon
Motion Picture
Ending
The Joys
Lights
The Arkells
Ten Second Epic
Mr. Lahey and Randy
My Favourite
Tragedy
Pilot Speed
Snoop Dogg

and not scare anyone away. Even subject to taxes and surcharges, who can say no to per person passes at \$29.99 for Thursday, \$49.99 for Friday, and Saturday (the top day for acts) at \$89.99. You can do the entire weekend for \$139.99, and buy on-site camping passes at \$20 per night or \$50 for the weekend for two people.

The ad campaign begins. Everyone who is anyone is buzzing about the upcoming event. The Twitter verse is alive and jumping;

Andrew Usenik
of Ten Second Epic

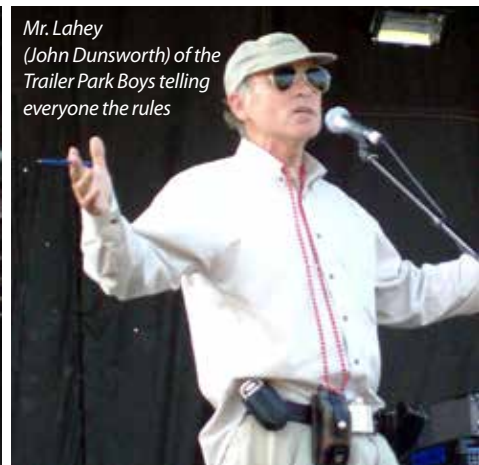


The fans who did show up
loved every second of it

Kardinal Offishall



Mr. Lahey
(John Dunsworth) of the
Trailer Park Boys telling
everyone the rules



every blog, newspaper, magazine, radio and television station can talk of nothing else. Billboards and flyers are up – this is going to be huge.

Advance sales are slow, but no one is overly worried. Things will improve as it picks up steam. After all, the weather is supposed to be perfect and walk-ups are known to make up 50% of sales at modern festivals.

Only it doesn't get better. Young diehard music fans from the local area find it difficult to reach the price of admission, although some have saved all summer to get here. The older generation doesn't think it will be comfortable staying around all the noise and push of crowds for just a few acts they might like. The in-betweens sit around with their noses in the air, saying they don't know enough about it so they'll wait until it "gets big" before they make a decision.

Larger centres have never heard of Gananoque, aren't familiar with its restaurants and accommodations, know

nothing of its music scene. Many decide not to risk the trip and stay home with the familiar instead.

What should be an amazing triumph becomes a disaster as people stay away in droves. Of the 30-40 thousand people expected to buy tickets, less than 4,000 show up. Promoters find themselves drowning in red ink, wondering how it could have all gone so terribly wrong.

Snoop Dogg closes the show as the final and highest billed act. At his request, people sing:

"The tide is high but I'm holding on, I'm gonna be your number one..."

Looking out over the small but appreciative crowd, he tells them, "We love you, Gananoque. It didn't happen like we wanted this time, but you can count on it – Snoop Dogg will be back..."

Snoop and the Thousand Islands Music Festival have never been seen in Gananoque again. **LH**



A CAPTIVATING VISIT TO KRICKLEWOOD FARM

By Tanya Hammond

When I look at a sunflower I find it impossible not to smile. ... I see something so simple and yet so cheerful, but to Dale Horeczy and his partner Brad Daily, sunflowers are so much more than that.



It has been 4 years since Dale and Brad, owners of Kricklewood Farm, opened this area's first Cold-Pressed Sunflower Oil facility in the quaint village of Frankville. The month of August at #421 Kitley Line 8, is simply breathtaking, as you look upon the fifteen-acre field of yellow splendour with brightly faced sun worshipers tilting their faces as the hour's tick by. Kricklewood Farm not only becomes a destination every August for local artists, photographers and community members to capture the crop in all it's glory, but it also plays host to an annual Sunflower Festival, raising funds for Mel's Farm All Animal Rescue.

However, the benefits do not end with raising money for this very worthy cause because once harvested and cold-pressed, Kricklewood's sunflower oil has numerous health benefits as well. For instance, unrefined sunflower oil is rich in vitamin E and provides an abundance of fatty acids which has a beneficial effect on the skin. Pure or infused with aromatic pure extracts; I believe the secret ingredient is the simple splash of summer contained in every bottle. Dale and Brad also assure their customers that they use Non-GMO sunflower seed and the sunflowers are grown without the use of herbicides, pesticides or chemical fertilizers because they want the oil they produce to be the healthiest product possible.

Whether you are drizzling it over a crisp spinach salad, tossing it in with roasted vegetables, or dabbing it on a fresh baked crusty roll, I'm sure you will agree the taste is delightful. It's no surprise their sales continue to grow. Kricklewood's sunflower oil can now be found at numerous local shops in the area including: Wendy's Country Market and The Green Gecko in Lyndhurst, Harvest Café in Athens, in Brockville at Tincap Berry Farm on Hwy 29, The Butcher Shop (Stewart Blvd) and Halls Apple Orchard (2nd Concession Rd). You will also find it at C'est Tout Bakery and The Garden Market in Smiths Falls, as well as at Mrs. McGarrigles and Healthily Ever After in Merrickville. Forfar Dairy in Portland and Foodsmiths in Perth also carry this wonderful product of liquid sunshine. For a full listing of locations and farmer's markets, check their website www.kricklewoodfarm.com or phone 613-275-9901.

The on site farm gate store is open and of course it includes their famous sunflower oil, along with free range farm fresh eggs, hand made goats milk soap, creative art prints and cards, featuring their beautiful sunflowers.

What a great way to spend an afternoon with your family or friends and visit a beautiful farm in our area and purchase local products. **LH**



Mother and Son participating are Tara Lathan-Durepos and her son Jacob Durepos.



Dagmar MacDonald of Brockville showcasing her work

PAINT NIGHT FUN!

By Tanya Hammond

Paint for Play Night Fundraiser was the headline that caught my eye along with a beautiful painting of sunflowers. Could I really do this? I've heard about Paint Nights in Brockville for a while now, but a piece of me just kept thinking; I really should have some experience painting to participate. Then another part of me thought, it's for a good cause, it looks like fun, the ad says no experience necessary and wouldn't it be great to create a piece of art like the one in the picture. So I signed up and the rest, as they say, is history.

On July 4th I joined a large group for a fun night at Captain George's Fish & Chips in Brockville. We were instructed by talented Teacher and Artist, Mary-Louise Scappaticci (<http://mlscap.wix.com/ml-scappaticci>). Before we began, she made us take a small oath, promising ourselves to relax, have fun and let the creative painting just flow. Of course the oath ended in laughter because as a group we collectively knew that we couldn't take ourselves too seriously. Mary Louise gave us some simple tips on composition and skilfully led us through the process one step at a time, all the while

allowing us the freedom to put our own personal interpretation into our creations. She demonstrated great patience with the rambunctious group as she showed us how to create our "Sassy Sunflowers". There were a couple of rebels in the class who put their own spin on things. Local business owner, Dagmar MacDonald, did an awesome job on her single sunflower. It was great to see everyone have such a good time no matter what their skill level.

The paint night was not only about being inspired to create, but more importantly, about raising money for Making Play Possible, a program that gives all children and youth in Leeds and Grenville the chance to participate in recreation, regardless of the barriers they face. Last year, Making Play Possible supported more than 350 children in the area. What could be more fitting than painting for fun to fundraise for a program that helps kids have fun! For more information, or to apply for funding, check the website www.makingplaypossible.com or call 613-498-4844.

Another local organization to benefit from paint night parties is the Brockville Public

Library. There will be an upcoming paint party held at the Keystorm Pub on August 14th for \$40 each with \$20 from each ticket going directly to the library fundraising campaign. For more information, call 613-342-3936 and to get your ticket to paint.

Not all paint nights are fundraisers, some are just simply for the pure joy of it. Galop Gallery Artist, Christine Sloan hosts paint nights in Prescott and Dawne Fiegen of Wiltse Creek Studio will be adding some to her skilful offerings as well. Call Christine at 613-349-5322 and Dawne at 613-659-2928 for their upcoming schedules.

It's no surprise that paint nights are popping up everywhere. They are a fun way to satisfy the kid in you. You get to hang out with some friends for a few hours, share some laughs, be inspired to create and best of all, take home your creations to show off! Next time you're looking for a fun night out, try a paint night with some friends or make it a date night. Remember, no experience is necessary, but a sense of humour is a must!!

I encourage you to give it a try!! LH



Speaking of wine

By Russ Disotell

August, and the arrival of the dog days of summer, means hot, sticky, energy sapping heat and humidity. Here are some suggestions for a few excellent value wines, of a different stripe, to combat the heat.

Cabernet Franc is my preferred hot weather summer red. It has outstanding acidity and a vibrancy that helps offset the torrid temperatures. It also benefits from a slight chill, say fifteen minutes or so in the refrigerator and it should be about perfect.

Our selection, Game Changer-The Obstinate Red 2014 (CSPC# 457523, \$14.95), is from Ontario. Over 90% Cabernet Franc, it has a bright plum, raspberry nose with a dusting of spice. You can expect a medium-bodied red, with plenty of food friendly acidity, lower tannin levels and tangy Bing Cherry, dark plum, raspberry and dark currant fruit flavours. Cabernet Franc is noted for its herbaceous spicy quality and here, it's nicely layered over the plush fruit. The finish is lengthy, smooth and refreshing. Cabernet Franc's higher acidity makes it a prime candidate for pairing with tomato based dishes, vinegar based sauces (think smoky barbecue sauce) or rich vegetable dishes, as well as all sorts of grilled red meats. Want versatility, pair with chocolate for a pleasant surprise.

South Africa's Boschendal "The Pavilion" Chenin Blanc 2015 (CSPC# 281311, \$11.00) is very tasty and easy on the wallet. Citrus, pear and melon aromas are readily apparent on the nose and carry through on the light to medium bodied palate, where they are joined by gooseberry, peach and lime fruit. Add in a white pepper spicy quality, a touch of mineral and lots of refreshing citrus

acidity and you have yourself a great hot weather party white. As for food, pair with seafood, fish, chicken, pork or pasta with cream sauce.

Too hot to cook and considering Thai, Indian or Chinese takeout? Here's a wine for you. California's Ironstone "Obsession" Symphony 2014 (CSPC# 295931, \$15.10) is made from an obscure grape, the Symphony, and it is a simply delicious hot weather white. The nose is aromatic with floral, tropical fruit and spice aromas. Light to medium bodied and slightly off dry, it has crisp green apple, peach and tropical fruit flavours nicely balanced by a citrus acidity and a light spice. The finish is long, lingering and invigorating with some zip. It nicely balances the heat and spice of eastern cuisine and if you have a glass or two left over, it will match nicely the next day with pork dishes or rich, fatty fish, such as salmon or tuna. Enjoy! **LH**

Russ Disotell enjoyed a twelve-year career with the LCBO. He spent the last four years as Product Advisor in Vintages purchasing where he was a member of the buying panel and endured the arduous task of tasting products every week! Since leaving the Board he has written columns and articles on wine, helped develop wine lists and conducted wine tastings.



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