# Living Here

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November | December 2017



Joshua Bates, Father of Farmersville

Reflections of War: Christmas at the Front

Singing for Someone Else's Supper

Author Edie Batstone - Puddles of fun for readers of all ages!

Pre-Christmas Tradition-Prescott's Annual "Light up the Night Parade



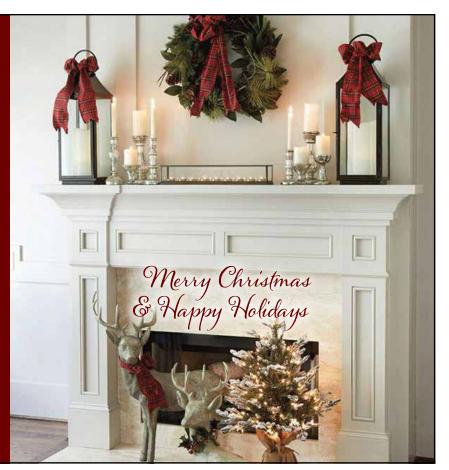
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November 11



42 KING ST. W., LANSDOWNE 613-659-2222



Cover Photo by Sally Smid

### Living Here

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### **CHRISTMAS & HOLIDAY RECIPES •** BY JONATHAN VICKERS



### Bacon Wrapped Cornish Hens

Serves 2 ~ Prep Time: 10 Minutes: Cook Time: 1 Hour Approx.

### You'll Need

3 tablespoons Grade B Maple Syrup 2 Cornish Game Hens, thawed 1 ½ lbs each 8 slices of raw bacon salt and pepper to taste

### To Create

- → Preheat oven to 350 degrees.
- Remove game hens from wrapping.
- ➔ Place in a pan.
- → Drizzle maple syrup over the hens.
- → Wrap the raw bacon around them.

- ➔ Sprinkle with salt and pepper.
- Cover with foil and bake for 30 minutes. Remove foil and bake another 30 minutes, or until the cornish game hens reach 165 degrees internal temperature. (use meat thermometer) cooking times in oven vary depending upon size of hen.

### Eggnog Cake

### Prep Time: 20 minutes. Cook Time: 55 minutes. Serves: 14 cake slices

### You'll Need

- 1/2 cup white sugar.
   1 cup brown sugar.
   1 cup canola oil.
   1 cup eggnog.
   3 eggs
   1 Tablespoon rum extract.
   1 1/2 teaspoon baking powder.
   1/2 teaspoon baking soda
   1 teaspoon salt.
   1/2 teaspoon nutmeg.
   1/4 teaspoon ground cloves.
- 2 1/2 cups flour

### For The Glaze

1 1/4 cups icing sugar. 3 Tablespoons eggnog. dash of nutmeg

### To Create

- → In a large mixing bowl, beat the sugars, oil, eggnog, eggs, and extract until well combined. Sift together the baking powder, baking soda, salt, nutmeg, cloves, and flour. Slowly beat the flour mixture into the egg mixture. Do not over beat.
- Spray a 10-inch Bundt pan with nonstick baking spray.
   Gently spoon the batter into the prepared pan.
- → Bake at 325 degrees for 55 minutes.
- Cool in the pan for 10-15 minutes before removing to a wire rack to cool completely. If needed, level the bottom of the cake with a sharp knife before placing on a serving tray.
- Stir together the glaze ingredients. Spoon over the top slowly. Let set for a few minutes. Top with mini chocolate chips if desired. Cut into 14 slices.



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Book by January 17<sup>th</sup> Contact Us at 613.342.0428 | jmarsh46@bell.net

## Pre-Christmas Holiday Community Event Calendar

CHECK OUT THESE FUN FAMILY PRE-CHRISTMAS EVENTS IN YOUR LOCAL COMMUNITY!!

### Christmas Marketplace

Fri. Nov. 17th & Sat. Nov. 18th 9:30am - 5pm Maycourt Club of Brockville 52 King St, E, Brockville Contact: Sharron Nolan 613-925-5267 / Ronsha999@hotmail.com

### 64th Annual Light Up the Night Parade

Fri. Nov. 17th @ 7pm Prescott's Santa Parade

### Bake Sale

Sat. Nov. 18th @ 9am - 12pm Good Shepherd Lutheran Church 374 Steward Blvd. Brockville. Info: Liz at 613 865-8952

### Candy Cane Lane Christmas Bazaar!

Sat. Nov. 18th @ 9am - 2pm First Presbyterian Church 10 Church Street Brockville, ON. FREE

### 40th Annual Arts and Crafts Show

Sat. Nov. 18th @ 9am - 4pm South Grenville District High School -Edward St. Prescott ON. \$3 & children under 12 while accompanied by an adult are free

### Norrisburg Arts and Craft Show

Sat. Nov. 18 & Sun. Nov. 19th @ 9am - 4pm Morrisburg Legion Info: 613-657-1857 monkeymom\_51@hotmail.com

### zaar & Bake Sale

Sat. Nov. 18th @ 10am - 1pm Christ Church Athens Christmas Elma St. Athens, On. *\$5 p.p.* 

### Bazaar & Bake Sal

Sat. Nov. 18 @ 11am - 2pm Athens United Church, Athens, On. Soup/Sandwich/Dessert Lunch from 11am to 1pm. Info: 613-924 2175 Tickets: 55 at the door.

Santa Claus Arrival Parade Sat. Nov. 18th @ 11am - 12pm 1000 Island Mall Brockville 2399 Parkedale Ave.

#### 35.000 Christmas Lights in Park

Sat. Nov. 18th / 25th @ 4pm Lower Beverley Park, Delta Info 613-928-2881 www.beverleylakepark.com Lyndhurst Santa Parade Sat. Nov. 18th @ 2pm - 4pm

#### 2017 Lansdorme Santa Parade Sun Nov. 19th @ 2pm - 4pm

Yale Tide Fair Fri. Nov 24th & Sat Nov 25th

@ 10:00am - 5pm Wall St. United Church 5 Wall St., Brockville Free.Lunch/Supper available. \$9p.p. on Friday.

### Holiday Gift Show & Sale

Fri. Nov. 24th @ 4pm - 8pm & Sat. Nov.25th @ 10am - 4pm Firehall Theatre / Thousand Islands Playhouse 185 South St. Gananoque

### Rotary Santa Claus Parade Brockville

Sat. Nov. 25th @ 5pm - 7pm Parade moves to evening this year.

2017 Annual Gananoque Santa Claus Parade Sat. Nov. 25th @ 5:30pm - 7:30pm

### Christmas Bazaar Craft & Bake Sale

Sat. Nov. 25th @9am - 2pm at Mallorytown Legion. 13 Quabbin Rd.

#### <sup>ph</sup> Annual Iroquois Christmas Irtison Show

Sat. Nov. 25th & Sun. Nov. 26th @ 10am - 4pm Iroquois Legion 24 Dundas St. Iroquois Info: Grace Pine at (613) 699-5835, Diana Arbeau (613)925-5411 or email gdcrafterevents@gmail.com.

### SLA's 4th Annual Craft Sale

Sat. Dec. 2nd @ 10am - 2pm St. Lawrence Academy 560 Edward Street Prescott, ON Info: CraftFair@stlawrenceacademy.ca Ijoanisse@stlawrenceacademy.ca

#### 4CW Christmas Tea, Craft 8. Bake Sale & Silent Austin

Sat. Dec. 2nd @ 12:30pm - 3pm Saint Lawrence Church 80 Pine St. (corner of Pine & Park St. Brockville) Free Admission to the Sale & Auction.



\*times and or dates for all events are subject to change. It is best you check your local community area to be sure of times and dates



## **JOSHUA BATES** Father of Farmersville

By: Sally Smid

oshua Bates is often referred to as the "Founding Father of Farmersville" which later became Athens. He was born in 1801, the son of George and Patience Bates from New York. He was one of 14 children who grew up on the family homestead at Dickens, (Elbe Mills) which became Glen Elbe. Perhaps the nearby Bellamy Mill sparked Bates' interest in milling, for after marrying Tamson Bigelow in 1831 he lived near Dickson's Corners (Athens). He tried his hand at farming, but seemed more preoccupied with local development, eventually building grist, saw and carding mills on Wiltse Creek, east of what is now Sarah St. It was reported that at one time the community was even referred to as "Bates' Mills". He lived with his wife and four children, Ezra, Hannah, William and Sarah on Elgin St. To provide more accessibility to his mills he laid out the first road, Church St., which he named for the Methodist Episcopal Church (United), which he also built and established the cemetery behind it as well.

A real visionary, he bought early settler John Dickson's holdings and more, owning everything south and part of the north half of the village. He renamed the four corners "Farmersville", recognizing the importance of farming, the basis of his businesses, believing it to be the key to the community's future success. In 1836 he became the first postmaster, carrying the mail on horseback to Beverly (Delta), in a leather satchel. The post office was located in the first frame building, the store he constructed, located on Athens Fresh Market's current location, which was later moved to 2 Wiltse St. Bates also served on every village board. He worked to further the accessibility of quality education for all and built a frame select school, now the Baptist parsonage, and also loaned the upstairs of his home for an all girls school.

He was a familiar figure at political meetings and became very active in supporting the Reformed politics of Governor General Lord Elgin, naming the street he lived on in his honour. Out of his concern for improving commerce, he worked to upgrade roads and was contracted to build a plank road to Forthton in 1849, which included toll booths and bridges.

He also became very interested in the formation of a railway, which he thought had further potential to improve the economy. Although the B & W Railway did come through Athens eventually, this failed to materialize in ways that would significantly benefit Farmersville.

Bates decided to move to Smiths Falls and begin a milling operation at Old Sly's Rapids, where unlike at his first mills, the water did not dry up in the summer. Eventually he built a large home on that property, now the Heritage House Museum. He found

that he did not receive true acceptance in his new home and for some years retained Farmersville properties. By 1855, after some complications, bridges were installed to provide public access and his mills drew acclaim from those visiting. He gave much financial support to the Brockville and Ottawa Railway, believing it to be a wise investment, but by 1856 it went bankrupt, due to various reasons, including historian Glenn Lockwood's observation that a vast amount of money had been squandered in "building a railway tunnel under Brockville". Bates desperately tried to raise funds through a lottery which offered his Farmersville properties as prizes despite conflicts with his Protestant, Reformed background. This plan was not as profitable as hoped and he continued to struggle with debt. He was being threatened with law suits when he died on New Year's Day in 1864.

Historian Edna Chant described Bates quite aptly as "perhaps being owed more recognition for his contributions to Athens than any other man." The Joshua Bates Centre in the Athens Town Hall was named in his honour and on Sunday October 22nd 2017 a new mural of Bates was unveiled on the west side of Athens Fresh Market to help commemorate an Athens Canada 150 event. LH



(MC) Bruce Demitroff helps dedicate Athens' new mural depicting Joshua Bates who was considered to be a "founding father of Farmersville".



This is the gravestone of Joshua Bates at Hillcrest Cemetery in Smiths Falls where he died in debt.



## **REFLECTIONS OF WAR** Christmas at the Front

By: Lorraine Payette

uring WWII, it depended entirely on where you were stationed as to how you spent Christmas. Canadian soldiers found themselves all over Europe, some fighting with the Canadian forces, others with the Americans, British or other military troops. Every experience was different, but every one of them held a simple thought in mind – the dream of being home, safe with friends, family and loved ones – the very same dream that kept them out there fighting to protect their homes and all generations to come.

For those stationed in Holland, Christmas was relatively quiet. Lieutenant Jack Scott of the first Canadian Army, recorded several radio shows with Canadian troops which gave those at home an idea of just what their soldiers were experiencing, how they felt, their dreams and what they most wanted. The shows tended to view situations through a rosy light, and were designed to keep up the morale of friends and families, as well as the members of the forces themselves. He spoke with Private Frank Barley of Port Arthur about cooking Christmas dinner on a "Number Three petrol burner", described as being "like five small ovens laid end to end, and at one end there's a burner that shoots out a flame under pressure."

Dinner would be uncomplicated, with 50 men getting to enjoy a Christmas dinner in relative quiet and comfort.

"Pretty well our whole Christmas dinner will be out of cans this time," said Barley. "It isn't possible to get fresh frozen poultry up to us here. We'll get it in tins precooked. That'll save a lot of cooks a lot of work... (the mince pie and Christmas pudding is) in cans too, just like our regular ration issue. Only our actual cooking here will be some celery soup, which we make with powdered milk. Then we have creamed potatoes and buttered carrots and a crust for the mince pie. Oh, yeah, and some gravy for the turkey meat."<sup>1</sup>

Not all Canadian soldiers were as fortunate, however. Bill Hale of Royal Canadian Legion Branch 92 in Gananoque served at St. Vith in Belgium with the American forces during the Battle of the

1 http://www.cbc.ca/archives/entry/1944-christmas-dinner-at-the-war-front

Bulge. His father, Dr. William Hale, also of Gananoque, had served during WWI and Bill continued the family tradition of standing up in time of need. Christmas found him living in a foxhole, cold and tired, after the loss of their position on December 21. However, unlike Holland with its high water table, Belgian foxholes were dry and more comfortable.

"I was with the US Seventh Armoured Division on half-tracks," said Hale. "Initially, we were anti-aircraft, but by Christmas time we had come down from Holland to be at St. Vith. Christmas was a little tough because food didn't come up the way you thought it would come. You got it two days later, and there were a few days like that because things weren't doing too well. Eventually it worked out – we got kicked out, but 30 days later we went in and recovered what we had lost.

"We didn't celebrate because we were told not to sing. If somebody was singing, it was the enemy, not the local boys."

They found themselves dealing with a lot of snow, and would wrap sheets over their uniforms to create camouflage. They tried painting the vehicles white as well, but it was too cold for the paint to stick to them. Different stories ran rampant, and you couldn't be sure if the man you were talking to was friend or foe, as many had their insignia tags ripped off of their uniforms. A single mistake in conversation could mean the death of many, and no one could be trusted as the enemy moved through wearing the uniforms of friendly forces.

Christmas dinner was nothing out of the ordinary.

"Basically, it was ham – ten-pound ham in a tin," said Hale. "I can remember they took a bayonet, jabbed it through and worked it so the top would fold off. There was a little bit of grease involved on the weapon and so forth, but when you got hungry enough, you dug into the ham. The basic thing you learned was, to get into it while you can because you don't know when there will be more."

"There was no celebration. Everybody had their own thoughts, missing home and what they did in their younger years – it was tough. The mail did not arrive then. It caught up about the month of January the following year, and rumours were everywhere. You had to take everything with a grain of salt."





Top: Bill Hale, member of Branch 92 of the Royal Canadian Legion, remembering Christmas at the front during the Battle of the Bulge

Left: Dr. William Hale of Gananoque, WWI

But wherever you were, the troops had certain things they wanted more than anything else. Perhaps highest on the list of Christmas wishes was pictures of "pinup gals". Not just any pin-ups, though – these were special.

"Of course, the pin-up gals we want most are the ones we're married to," said Corporal Bob Christie in a radio interview from 1944. "Why don't all our mothers, wives and sweethearts go and get a darn good picture. That's sure to score."<sup>2</sup>

Things today are different but the same. The forces still want to be home with families and loved ones, and those pin-ups will always be in demand.

Remember them, what they sacrifice and that what they do makes it possible for us to continue to celebrate Christmas in freedom and love. LH



## SINGING FOR SOMEONE ELSE'S SUPPER

By: Lisa Crandall

A s a regularly sold out event, the annual Christmas performance of the Spencerville Community Choir is eagerly awaited, for many, signalling the beginning of the Holiday Season.

In existence for more than 30 years, the Spencerville Choir is a mixed group of men and women of varying ages, who come from as far away as Brockville and Smith Falls, to be part of this musical ensemble. Music Director Sheila Fawcett describes the group as an enthusiastic mix of trained and amateur singers. Newcomers are always welcome. The recruiting call goes out late in the summer and practice begins just after Labour Day. The group meets one night a week until their seasonal concert in December. Then the group disbands until the following summer, when the cycle begins again with a new theme and a new set of musical pieces to master.

Fawcett has been the choir's music director for the past 24 years. A former teacher and school administrator, she spent many years working with children's school choirs at several different schools. It is her love of music that has kept her enthusiasm and energy high as musical director of the choir over the many years of its existence.

Under her guidance, the group has grown steadily to its current compliment of 50 members. In the early days the group met at the Presbyterian Church in Spencerville, but as their numbers grew, they eventually outgrew the choir stalls, so they moved to the United Church. Musical accompaniment is provided on the piano by Abraham Te Grotenhuis, and occasionally on the flute by Cheryl Robertson, the Assistant Choir Director.

Written by local author Vicki Cameron, the Choir President, and directed by Fawcett, this year's show is entitled "Bethlehem Bound". Each year the show promises a unique and original blend of traditional as well as nontraditional Christmas music, plus a specially written narrative. This year's show will present the Christmas story from the point of view of the three wise men, who travelled so far to be a part of the Christ child's story.

This year the choir will be donating the proceeds to Food for All, (the South Grenville Food Bank), serving Augusta, Edwardsburgh/ Cardinal and Prescott, as well as House of Lazarus Food Bank in Mountain.

The 2017 performances will be held on the first weekend of December, December 3rd and 4th at the United Church on Centre Street in Spencerville. Performances will be held at 2:00 PM on Sunday and 7:30 PM on Monday evening. Tickets are \$10 for adults, \$5 for students (ages 12-18), \$3 for children (ages 6-11) and preschoolers get in free. Tickets are available at the door the day of the performance, but come early because it is a popular event. LH



A view of the parade route down Edwards St N as it makes it way to King St Prescott. Photo by: Karen Atcheson

## **PRE-CHRISTMAS TRADITION** Prescott's Annual "Light up the Night Parade"

By: Joan Rupert-Barkley

When the popular Santa Claus parade takes place in Prescott, hundreds of spectators from all over gather along the parade route to watch this iconic event. Area restaurants are booked solid before the parade. Smaller children, dressed in warm hats, mittens and scarfs, are perched on top of parent's shoulders hoping to get a better glimpse of Santa, while other parents hope to get a glimpse of their child riding on one of the many floats.

Although this year will be the 64th edition of the parade, it has only been a nighttime event for the last 17 years. However, it is tradition to hold the parade on the third Friday in November. John Henry and Chris Veltkamp are co-chairs of this year's parade.

"Our spectators provide lots of great feedback each year and the nighttime event seems to be a lot of fun. Everyone enjoys seeing the bright lights on the floats and our downtown lit up," said John Henry.

Henry estimated there are hundreds of lights on each float.

Members of the Prescott Fire Department help plan and execute the Annual Light Up the Night Parade and also enjoy walking, or driving the parade route the night of the parade. "No matter what time of day the parade occurs, safety is always a priority." Henry indicated, "they work closely with key partners, such as the Town of Prescott Operations staff and the local detachment of the OPP to ensure there are proper road closures, barricades, and crowd control."

According to Henry, there were more than 100 entries in the parade in 2016. Some of the entries included bands from such places as Arnprior, Brockville, Kemptville, Ottawa and Smith Falls. These bands included traditional marching bands, pipe and drum bands, as well as steel drum bands. Neighbouring Fire Departments from Augusta, Edwardsburgh/Cardinal, Morristown and other Fire Departments from across Eastern Ontario and Northern New York participate in the parade as well. Prescott's mayor, other area mayors, local MPP and MP are just some of the dignitaries to participate in the parade.

With so many entries, it is a huge undertaking to get everything organized the night of the parade. According to Henry, everyone that is part of the parade meets at South Grenville District High School at 6 P.M. The lineup varies slightly from year to year and is based on several factors. "We have a few reserved locations to lead the parade; Legion Colour Party and Pipe Band, our antique fire truck, the South Grenville District High School "Spirit of Giving, but the real art is balancing everything out. From larger to smaller entries, those with and without music, motorized and walking floats and the bands. Let's not forget Santa; he gets a special place at the end of the line," commented Henry.

There are other activities that occur the night of the parade. The Royal Canadian Legion, Branch 97, puts on a spaghetti dinner. There is also caroling at the clock tower. There are first, second and third prizes awarded to floats with the judges being residents from the area. There is also a special award dedicated to fire apparatus.

Organizations that want to be a part of this year's parade should arrive at SGDHS at 6 P.M. on Friday, November 17. There is no pre-registration needed. This year's theme is Canada 150.

"My favourite part of the parade is walking the route and seeing the community support. The streets are packed with excited kids and families. The town always looks so beautiful. It feels like it is the kick off to the Christmas season and the energy is high," commented Henry. LH

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### **Fulford Place Museum** 287 King Street E., Brockville, On 613-498-3003

On November 19, get in the holiday spirit -Victorian style. Come to the Victorian Christmas at Fulford Place for holiday shopping, tasty treats and tours of this beautifully decorated mansion. Bring the whole family for a photo with Victorian Santa and enjoy live music while browsing for unique gifts hand-made by local artisans. Program includes: Photo opportunities with Victorian Santa (professional portrait photography by Margaret Link – \$10 for a 4" x 6" print; \$15 for 5" x 7" print) Vendor hall featuring a variety of local and hand-made products, Live entertainment from local musical artists, Raffle and cookie sale. Tours of Fulford Place by donation. This fundraising event is organized by the Friends of Fulford Place. Proceeds will be used for conservation projects at the museum.

### Your Family Dollar 109 Churchill Rd., Prescott, On 613-924-1734

"The Dollar Store with a difference" is celebrating its 15th year in business. This Christmas we are your families gift and stocking stuffer Headguarters with all kinds of Christmas goodies. Check out our special Christmas custom basket selections and displays of stocking Stuffers/cards/wrapping paper/toys/crafts/gifts and more! Open 7 Days a week!



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## HELPING THE KIDS MAKE CHRISTMAS

By: Lisa Crandall

The laughter and the joy of children are an important part of the magic of the Holiday Season, there is no doubt about that. Keeping them occupied, especially when they are on their holiday break from school, can be a challenging time.

no meet this challenge, every household develops routines and traditions. Most adults can cast their minds back and smile fondly at memories of Christmas crafts and traditions. Inevitably they have carried these traditions forward into their own families. There is a reason that old fashioned traditions like stringing popcorn to decorate the tree and making Christmas bells from egg cartons and aluminum foil have been around for generations.

If you are dreading the upcoming Holiday Season, where you are trying to juggle grown-up social obligations with cherished family time, perhaps some of these ideas might come in handy. powder from the dollar store has a little less than 2.5 ounces, if you are buying yours in bulk. Pour this mixture into a well-sealed plastic bag and let the kids knead it until it begins to form a thick dough. Roll the dough out between two sheets of plastic wrap to prevent it from sticking to the rolling pin. Remove the top layer of plastic wrap and using smaller (not larger) cookie cutters press out shapes suitable to make Christmas ornaments for the tree. Use a straw to press out a hole at the top to thread a string through the finished ornament. The ornaments can then be carefully placed on a drying rack and left out to dry in a warm dry place for 2-3 davs.



### Making Ornaments for the Tree or Gift Giving

Apple sauce ornaments: If you've got a surplus of apple sauce in the pantry, this is the perfect craft. It will, however, require a huge quantity of cinnamon. Start with ¾ of a cup of apple sauce and 2 bottles of cinnamon. A standard bottle of cinnamon



### Working with Paper

If your kids are good with paints, perhaps you could let them help with Christmas preparation by making wrapping paper. A generous supply of plain brown wrapping paper, some brushes and a selection of water soluble paints will keep them occupied for several hours. This also works well for gifts that will fit in large plain envelopes (like homemade calendars). If your household sends out Holiday greetings to distant friends and family, maybe the kids can even create a family Christmas card design.



### **Enjoying the Outdoors**

If you have snow piled up in the yard, maybe the kids can help with the outdoor decorating too. It's a great way to repurpose empty squirt bottles, like the ones from dish washing soap. Mix up some seasonal colors with food coloring and water, then send the kids out to paint the snow. This is the kind of outdoor activity they have fun with all winter long, because every snowfall creates a fresh canvas.



**Building a Gingerbread House** Although it is possible to make slabs of gingerbread cookie at home and thus create a house from scratch, reasonably inexpensive kits are easy to find this time of year. Add some icing and a range of brightly colored candies and kids can entertain themselves for hours as they create their fantasy holiday home in miniature.

Letting the kids help create the family Christmas will leave them with lingering, fond memories that they carry forward to their own future families. I hope these few simple ideas will spark an idea for fun with your family this year. LH

## CHALLENGE YOUR OWN ASSUMPTIONS

By: Shelli Warren



ow many times have you talked yourself out of creating a product, service, or event, simply because you think everybody already knows this information? On a smaller scale, how many FB Lives have you canceled because you couldn't think of how to put an original spin on your chosen topic? Could it be that you're over-thinking these things?

Negative self-talk and **making** assumptions about what people will do or buy can be the downfall of any business owner. How many times have you had an idea for a signature product, but didn't follow through with it, only to see a similar product launch a few months later? How often do business owners think inside the box by not acknowledging changes within their market or buying pattern changes, only to be outsmarted with a competitor's latest innovation?

**Competition is healthy.** It means there's a need for your service or product, and there's an audience who is willing to pay for that service or product. Have you ever looked at the number of cosmetic stores in a mall, or cosmetics products on the Shopping Channel, or available through direct sales? There are hundreds of products from multiple manufacturers, all promising to do the same thing. There are slight differences between these brands, whether it's the ingredients, the durability, where the ingredients are sourced, the company's image, or the way they advertise to their market, but basically, they sell the same type of products.

Now think of your niche and your target market. **Remember, competition is OK!** Are your competitors local? What do they offer? What market(s) do they serve? What can you offer that they don't? What makes you different? How does your experience differ from theirs? Do they have better name recognition than you? What is your niche and what does your target market need from you? What problems does your market have? How can you connect with your target market? What makes you similar to them? In the end, **your clients will seek YOU out for your personality.** They will learn to know, like, and trust you. You need to learn how to speak to them authentically, so they will turn to you instead of a competitor.

How do you do this? You do this by being real and not hiding your secrets or your knowledge. By not believing that you have to be **PERFECT**. By giving, and serving, and by trusting that your right-fit clients and customers will find you and become your fans.

Shelli is the woman behind the brand SheConnex. As a Career & Leadership Coach, she specializes in helping people find or create their dream careers and their dream teams. She successfully created her own Encore Career after 25 years with Procter & Gamble and now serves employees, entrepreneurs, and corporations who have a desire to lead with purpose. Visit her on www.sheconnex.com





## **AUTHOR EDIE BATSTONE** Puddles of fun for readers of all ages!

By: Lisa Crandall

or some people, retirement is an opportunity to slow down and maybe settle into a hobby. For Edie Batstone of Prescott however, she took retiring as a cue to re-invent herself and launch into a brand new creative career. She is now an author, an artist and very recently, has become something of an entertainer.

It all started with an evening course on creating picture books for children that was offered at an Ottawa High School. She was living in Osgoode at the time and it was a reasonable commute for this short course. She was curious about the possibility of combining her love of writing with her fondness for sketching. That course and the support of her writing group launched her into her foray as a writer of children's books.

She draws her inspiration from the children she sees around her, having raised three kids and now enjoying seven grandchildren. She describes her work as "a desire to preserve the little acts of wonder and kindness that I observed in children - to thank them for reminding us what joy and beauty surrounds us in little things." The puddle theme is about the ripple effect of the small and simple good deeds that come so naturally to children.

The books are entitled: How to Wash a Puddle (2010), How to Grow a Puddle (2011) and How to Stretch a Puddle (2012). She hopes to add at least two more puddle books to the series.

The books are currently available at Windmill Historic Site, located just east of Prescott, at the offices of the St. Lawrence Shakespeare Festival on King Street in Prescott, at the Fort Wellington gift shop in Prescott, at Manotick Office Pro, and through her website at http://www.ediebatstone.ca/. A portion of the funds raised through sales of these books is donated to Ryan's Well Foundation, a Canadian charity (out of Kemptville) that helps to provide access to clean water, sanitation and hygiene education in the developing nations.

In addition to writing the books, Batstone also did all the illustrations. She is a talented artist who has also created a set a delightful greeting cards. They are sketches done with colored pencils capturing winter scenes around the Osgoode-Manotick area, where she was living at the time, and two of Prescott area landmarks. She hopes to do a similar set of cards with summer scenes from around the Prescott area.

Batstone blogs regularly on her website, sharing her poetry and her gentle optimistic view of the world. As she puts it, "My 'mission statement' in all of my writing, both in my children's poetry and in the more mature poetry and blogging that I post on my website, is to lift the spirits of children of all ages and to instill hope; I believe that hope is the greatest gift that we can give to our children, and to each other."

Batstone has also discovered that she enjoys presenting her poetry as songs. She is beginning to experiment with public performances of her writings. Accompanied by her father's beloved guitar, she has done presentations at the Prescott Legion's Easter Fun Days, as well as entertaining at local schools and for seniors' groups. She hopes to create a CD of her songs at some point in the future. LH

## CONGRAJULATIONS ON YOUR

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Wishing you a festive holiday season and a happy New Year.





Congratulations to Boomers Sports Bar & Restaurant on your 20th Year Anniversary! Wishing you many more years of success. Downtown Prescott BIA Members

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My sincere thanks to my customers, my son Christopher, friends & family who over the ast 20 years have given me their patronage, support & friendship, which has led to the success of my business in Prescott.

Merry Christmas & Happy New Year Vonna Adams 186 King St. W. Prescott, On 613-925-0174



## BOOMERS SPORTS BAR & RESTAURANT FAMILY RUN Celebrating 20 Years of Success in Prescott

### By Jon Vickers

"It's about taking care of my customers." Donna Adams said, as we sat down in a booth to reflect on her 20-year anniversary of ownership of Boomers Sports Bar & Restaurant. "Customer service is so important to me, if you take care of your customers and provide the best service possible, they'll keep coming back."

Donna then started to reminisce and gave me a little bit more of the story of how she started in the Restaurant and Bar business, which for her has spanned a little more than 32 years.

Donna, born and raised in Iroquois, worked in Morrisburg for an owner of a restaurant and bar in the town. She worked there for 16 years and was a loyal employee. In 1985 he approached her with an opportunity to own her first bar and restaurant. It turned out to be "Jiggers" in Iroquois. Donna at the time was married and had a young family. She decided to take a chance and she bought the business.

In 1997, while owning "Jiggers", another opportunity came Donna's way. The owner of Boomers Sports Bar offered to sell the business to Donna. After careful consideration, knowing her son Christopher could run "Jiggers", Donna took a leap of faith and took over ownership of Boomers. Donna quickly made Boomers a hub with bands playing on weekends. She changed the menu and listened to her customers. Her initial plan was to only own the Sports bar for a few years, as at the time they were leasing the premises. Things changed quickly. In 2000, Donna sold "Jiggers" and Christopher joined her in Prescott. A wonderful family working relationship truly started. In 2002, Donna purchased the building Boomers is located in and decided to secure a long-term future in Prescott.

Through the years till now, Boomers Sports Bar & Restaurant has been involved with fundraising in the community, especially the Beach Improvement in Prescott, where the Bar raised over \$2300 for the cause. Donna and the staff have held many fundraisers at the bar and hosted various events. One event that has stuck in Donna's memory, is the time Atlantic Canadian comedian, "Jimmy Flynn" was in town and performed at Boomers. He stayed at Donna's house for the night. "He was a lovely man and with his thick maritime accent, the crowd just loved him."



Christopher Hanes ( Manager) and Donna Adams ( Owner)

Boomers Sports Bar wouldn't be the same without her son Christopher, the longtime manager. When he was 12, Christopher worked at Jiggers and helped out doing different jobs in the bar. Christopher, like his mother, loves the bar and restaurant business, and the daily interaction with their customers. "I like the independence it has given me to run a business with my Mom" he said. "A lot of times for families with close working relationships it can be demanding and at times stressful, but Mom and I have different shifts and we have a business relationship as well as a family relationship. It works well for us, and I am grateful for her love and support all these years. This 20-year anniversary is for her. She deserves to be celebrated for this accomplishment."

Kalina Greene, longtime waitress of 9 years, loves working in the bar as well. Her husband Scott plays in a band, "A Bigger Hammer" a bar favourite, that plays a couple of times a year in the establishment. Kalina spoke about what attracted her to work at Boomers. "It's Donna and Chris, they are like family and I love working here. The food is all home cooking and the customers, especially my regulars are awesome. I wouldn't want to work anywhere else."

One of the best kept secrets in the area is Boomers Food Menu. They make the best Burger in the area and on Tuesday's it's just \$4. It's worth the trip. The Boomers Pizza is an area favourite with customers as well. All the food is home cooked fresh, with original recipes from over 35 years Donna emphasizes.

If you've not been to Boomers Sports Bar & Restaurant in Prescott, make sure you go in November. Every Saturday night a band will be playing, and gift certificates and prizes will be drawn each week. On November 25th a special "20th Anniversary" celebration day is planned with prizes, menu specials and that night the original band, "3rd Wave", who played the night Donna started her ownership in Boomers, is playing the Anniversary gig.

Boomers Sports Bar & Restaurant is a mainstay in Prescott. Here's to "Another 20 years of great food, fun and friends at Boomers!" LH

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## CHERISHED CHRISTMAS COLLECTIONS

By: Sally Smid

"I never guit growing up and I don't intend to," commented Marilyn Irish, as she led me on a tour of her extensive and cherished collections, which fill her home near Greenbush. A retired teacher, Marilyn has been collecting since she was in high school. Today she still has four dolls from that original collection. She notes that her doll collection includes very few male dolls or any with dark or green eyes. She has gathered many items from yard sales, thrift stores and auctions. Many friends have gifted her with items as well, helping her huge collections to grow over the years. It seems she found so many of the collections especially helpful when she was teaching. "Kids really learn the best when they have hands on items," she explained, "and when I was excited about bringing in a collection bin, they became more motivated and interested as well!"

Perhaps her most cherished items are those from her family. Her parents were Clinton and Frances Bennett. They ran the Rocksprings store for many years, where she and her brother grew up. Marilyn now has quite a bit of family memorabilia, which includes; 32 family photo albums, as well as boxes of information about 6 related families. She has shelves, bins, and cabinets of themed collectibles, which even overflow into her barn. The avid collector is thrilled to be able to share with others. She also lends her collections to local libraries as exhibits upon occasion.

Her collections include; dolls, sailors, fiddlers, dancers, bears, hens, elephants, horses, shoes, teapots and much more. She often has to refurbish such items and has collections of buttons, thread and materials to do just that. Many of her collectibles are handmade and many have very interesting stories. She has a small doll that was found in a garden in England, she also has one of the original Cabbage Patch Dolls. Her interest in intricate detail in each item is amazing!

Perhaps her most favourite time of the year has to be Christmas, which gives her a chance to display her large variety of holiday collectibles. Many of her dolls can even be dressed in Christmas clothing. She has a large tree and many related collections, which include; a lighted Christmas village, as well as a large variety of Santas, elves, reindeer, and more. Her most prized Christmas item is probably the doll that was given to her when she was just 12 years old with a note that said, "This is your last doll. From Santa. Merry Christmas!" It is not surprising that this former teacher has a large collection of 84 Christmas books as well. Her large group of angels also suggest a Christmas theme. She has boxes of a wide variety of nativity scenes, which of course convey the holiday's true meaning.

Marilyn refers to her hobby as "play time." Her excitement and joy in her cherished collections is quite contagious. She openly explains a scar from a traumatic dog bite that she received when she was one and a half years of age. She is also a cancer survivor, who truly appreciates that each day is a special gift. She finds childlike joy in the simple things. Marilyn also has a way of allowing her enthusiasm for her collections and for life to overflow onto others, and really, isn't that a lot of what the spirit of Christmas is all about? LH





### L: Demonstrating a "foot roller" – a special device that allows a patient to exercise the knees and keep them flexible without having to put any weight on them. Simple but ingenious, it helps promote healing when a patient truly needs it.

R: Ken Stewart with just some of the wide range of medical equipment available to be loaned to people in the greater Gananoque area.

Over time the Loan Cupboard has been in a number of locations as buildings were sold or repurposed.

"We met with Town Council and explained our need for a permanent location," said Stewart. "They came up with a grant where they provided two 40' trailers placed on Town property at 665 Charles Street and we've worked hand-in-hand to help each other out. We have also been blessed with Dan Hicks of Eastern Marine, who has provided us with a spot that is properly ventilated and can handle large items. This way we can avoid mildew and other problems to keep everything at the best possible quality."

Although much of the equipment is donated, what has to be purchased is expensive, and everything must be maintained and bills need to be paid.

"People come from Seeley's Bay, Athens, Lansdowne, all over, to help and to donate," said Stewart. "They know they can come here in a time of need to get whatever we have to make it better."

The regular volunteers, people who will be there whenever help is required, make a lot of difference. Whether it's something simple, like tightening a bolt or replacing a mattress or cushion, on up to complex repairs to motors, wiring, or even structural inspections to make sure that everything is safe and working properly, these are the people who know how to perform these tasks and are very much in demand and appreciated.

Many who benefit from the use of Loan Cupboard equipment go on to become donors and volunteers. Stewart is always amazed and grateful for the response.

"At this time of year, I especially want to say thank you," he said. "We all benefit when we work together." LH

## GANANOQUE LOAN CUPBOARD BRIGHTENS LIVES YEAR ROUND

### By Lorraine Payette

For years, the people of Gananoque have been able to rely on Ken Stewart to help them out in times of emergency. Whether suffering from a broken leg, hip replacement, or other condition requiring short term use of specialized mobility equipment, or if there are people coming in from another area who need the use of items for a few days or weeks, just talk to him. He'll see to it that you have the loan of whatever you need, from wheelchairs and walkers through commodes and hospital beds.

### As long as you return it, it won't cost a cent.

Stewart is in charge of the Gananoque Loan Cupboard, collecting and distributing all kinds of care equipment for those who need it. Supplies and equipment are donated by numerous local agencies and businesses, and others are second hand and brought in by those who no longer need them. About

For more information on borrowing, donating, volunteering, etc., please Call 613-382-7601. 90 per cent of their available equipment has been donated.

"Costs can be very high," said Stewart. "A pair of batteries for an electric scooter can run \$500. Local organizations have helped us with cash donations that keep these running."

"A few years ago, someone called. She had received a new electric lift chair with no batteries that she wanted to donate. Since then, she injured herself and needed it back. We were more than happy to do that for her."

The project started back in the 1970s when they were working with the Red Cross Loan Cupboard. Carveth also had a service. Stewart gradually took it over and has been working at it ever since.

There is no time limit on the use of loaned material. Items like beds and wheelchairs can stay out on loan for years. When people are limited for funds, the Loan Cupboard can help them get the equipment they need for the length of time they need it.



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## Merry Christmas & Happy Holidays from Our Family to Yours.



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