



NEW YEAR'S RESOLUTIONS Are Really Hard work!



By Uncle Buck

It's that time of year again, as the Holiday season rolls in and we turn our thoughts to the upcoming year. As the New Year approaches, some people's thoughts turn to having New Year's resolutions. A symbol for some of wanting to change past mistakes or improve on resolving to do something better in the future. We at Living Here decided to ask an expert on New Year's Resolutions, 'Uncle Buck' from Uncle Bucks News" to give his insight on Resolutions.

I can tell you from past experience, making New Year's lists are really hard work and they are meant to be fun, as they are bound to be broken. I have made resolutions just to make sure they were broken, so as not to disappoint myself and for my friends and family to look forward to hearing what I have in store every year, so I can be the subject of constant ridicule at family gatherings.

"Hey Buck, nice job on the weight-loss, I knew you were going to be a light eater, but didn't know you were going to start when dawn breaks and dusk falls!"

So, to help you get in the spirit of New Year's Resolutions for 2017, here are some of my Resolutions for the coming year! Feel free to use any of them for yourself!

- 10 I will stop sending e-mails to my wife!
- 9 I will watch more TV. It's very educational. Catch up on all those programs you missed down the years!
- 8 I will think of a password other than "password" or "hello" or "1234"

- 7 I will play more computer games. Scientists say they're good for me and improve my visual skills!
- 6 I will consider taking up a new hobby, such as procrastination. Or maybe later!
- 5 I will find that damn manual and actually read it, just as soon as I press this button...
- 4 I will no longer waste my time reliving the past. Instead I will spend it worrying about the future!
- 3 I will go with "Homer Simpson's 3 rules of life" - "I didn't do it!" - "It was like that when I got here" - "Gee, great idea boss!"
- 2 I will consider apple martini's part of my "daily fruit intake"
- 1 I will exercise more self-control, though I already have a rule not to drink anything stronger than bourbon before breakfast!

So, dear reader take my advice, resolutions are for suckers! If you really want to set out and do Resolutions, then make them life goals and set challenging goals that will improve the quality of your life and those around you. It doesn't have to be earth shattering, but start with the simple stuff and build upon it.

Here are some truly simple yet inspirational goals that you can achieve almost on a daily basis...

- 5 Smile! Everyone has one, and yet do we do it often enough... try it and watch it catch on!

- 4 It doesn't cost anything to say "Please" and "Thank you" or "Sorry," even if you weren't in the wrong. The "Golden Rule" in our society today has started to become a lost symbol on how society should be based. We are constantly on the run with technology and work, that we have forgotten the little things that make us who we are.
- 3 Pick up a phone a call your family or friends and stop texting all the time. Human contact, even by voice is so important these days. So much is lost in translation by 140-word character messaging and yet, it seems this generation doesn't even know what a Landline is!
- 2 Think about others before yourself! 'It's all about me' is becoming too much of daily refrain in today's society that I see all to often.
- 1 Saying "I Love You" to the most important person in your life everyday does mean something and yet, there are those who totally forget or don't say it... Start today and show the person in your life that he or she is important to you.

So, Happy New Year and all the best in 2017. Remember, that whatever you want to achieve in The New Year you can do it! If not, your local Procrastinators Club will be holding it's next meeting sometime in the future. Plan to attend, you never know, you might see me there! [LH](#)